

Assessment Structure : Academic Year 2026 -27

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Introduction for Parents

At the foundational stage, learning should be joyful, engaging, and meaningful. This syllabus has been thoughtfully designed in accordance with **NEP 2020** to support the **holistic development** of children through stories, activities, play, art, and exploration.

The aim is to nurture **curiosity, creativity, confidence, and good values**, while building strong foundations in language, numeracy, and life skills. With the support of parents and teachers together, every child can grow into a **happy and confident learner**.

Quote

"The beautiful thing about learning is that no one can take it away from you."

Grading System

At the foundational stage, assessment focuses on the overall development of the child rather than marks. Children are evaluated through continuous observation, participation in activities, and skill development throughout the year.

The grading system helps teachers and parents understand the child's progress in a supportive and encouraging way.

Grade	Description
A+	Outstanding Performance
A	Excellent Performance
B+	Very Good Progress
B	Good Progress
C	Needs Improvement
D	Requires Special Attention

Assessment is based on the child's development in:

- ✓ Understanding and application
- ✓ Participation in activities
- ✓ Communication skills
- ✓ Creativity and expression
- ✓ Social and emotional behaviour

Our aim is to encourage every child to learn with confidence and joy.

Subjects Offered

The curriculum for Classes 1 and 2 focuses on developing strong foundational skills through a balanced combination of academic and co-curricular subjects.

➤ **Scholastic Subjects**

- * **English** – Language development through stories, poems, reading and writing activities.
- * **Hindi** – Building vocabulary, reading skills, and simple sentence formation.
- * **Mathematics** – Developing numeracy skills through numbers, patterns, and problem solving.
- * **Environmental Studies (EVS)** – Understanding the world around us through observation and exploration.
- * **Punjabi** – Introduction to Punjabi language through letters, words, rhymes, and simple sentences to develop basic communication skills.
- * **General Knowledge (GK)** – Enhancing awareness about the environment, people, and everyday life.
- * **Computer Education** – Introduction to basic computer skills and digital awareness.

➤ **Co-Scholastic Subjects**

- * **Art & Craft / Drawing & Colouring** – Encouraging creativity and imagination.
- * **Music (Vocal & Instrumental)** – Developing rhythm, expression, and confidence.
- * **Dance** – Learning movements and cultural expressions through dance.
- * **Physical Education** – Promoting fitness, coordination, and teamwork.

- * **Yoga & Martial Arts** – Building balance, discipline, and concentration. These subjects together help children develop academic knowledge, creativity, physical fitness, and social skills.

➤ **Skills Developed Through the Curriculum**

The curriculum for Classes 1 and 2 is designed to develop essential skills that help children grow into confident and responsible learners. Through classroom activities, games, stories, and creative tasks, students gradually build the following skills:

- **Language & Communication Skills**
Children learn to express their thoughts clearly through speaking, listening, reading, and writing activities.
- **Numeracy & Logical Thinking**
Mathematics activities help children develop number sense, problem-solving abilities, and logical reasoning.
- **Creativity & Imagination**
Through art, craft, music, and dance, children explore their creativity and learn to express their ideas in different ways.
- **Physical & Motor Skills**
Activities in physical education, yoga, and games help develop coordination, balance, and healthy habits.
- **Social & Emotional Skills**
Children learn sharing, cooperation, respect, and responsibility, which help them build positive relationships with others.

- **Environmental Awareness**

Through EVS and daily observations, students develop an understanding of nature, community, and their surroundings.

Our goal is to ensure that every child develops confidence, curiosity, and a love for learning.

- **Assessment & Promotion Policy**

At the foundational stage, assessment is designed to support continuous learning and development rather than focusing only on marks. Children are evaluated through regular classroom activities, participation, and observation by teachers.

- **Continuous Assessment**

Students are assessed throughout the year based on:

- * Class participation and activities
- * Oral responses and communication skills
- * Worksheets and assignments
- * Creative and project-based work
- * Behaviour and social interaction

- **Holistic Development**

The evaluation considers the child's progress in:

- ✓ Academic understanding
- ✓ Communication skills
- ✓ Creativity and expression
- ✓ Physical development
- ✓ Social and emotional growth

- **Promotion Policy**

Promotion to the next class is based on the child's overall progress and participation during the academic session. The aim of assessment is to encourage confidence, motivate learning, and support every child's growth in a positive manner.

- **Guidelines for Parents**

Parents play an important role in supporting their child's learning and development. With positive encouragement and regular guidance at home, children can develop confidence and a love for learning.

Kindly keep the following points in mind:

- * Encourage your child to read, speak, and express ideas freely.
- * Help your child develop good habits such as cleanliness, punctuality, and respect for others.
- * Provide opportunities for creative activities like drawing, storytelling, and simple craft work.
- * Limit screen time and encourage outdoor play and physical activities.
- * Ensure that your child completes assignments and classwork regularly.
- * Stay in touch with teachers and attend Parent-Teacher Meetings (PTMs) to discuss your child's progress.

Together, parents and teachers can create a supportive learning environment that helps every child grow and succeed.

ENGLISH

Months	Literature/ Poetry	Vocabulary	Listening	Speaking	Writing	Critical Thinking	Art Integrated	Grammar Book
April	L-1 Rainy Day Friends. Poem- The Rainbow	Rain, cloud, rainbow, umbrella etc.	Listen to rainy story. Listen to poem recitation.	Few lines on self introduction	3-5 sentences on myself. Alphabetical order practice.	Why do we need rain?	Rainbow craft Finger painting raindrops.	L-1 Alphabetical order L-2 Naming words
May	Poem – Plant a Tree	Tree, leaf, root, soil, water.	Listen to poem with actions.	Few lines on trees.	Common and Proper nouns worksheet, Gender pairs writing.	What will happen if there are no trees? What will happen if there are no trees?	Thumb print trees save trees poster?	L-3 Naming Words: Common and Proper L-4 Naming words Gender
July	L-2 Maya's Basket of Happiness. Poem – If you catch a firefly.	Share, happiness, basket, glow.	Story narration and sequencing.	Few lines on sharing. Talk Time	A/An/The exercises describing words sentences.	How can we spread happiness?	Paper basket craft Firefly art.	L-5 A, An, The L-6 Describing words

ENGLISH

Months	Literature/ Poetry	Vocabulary	Listening	Speaking	Writing	Critical Thinking	Art Integrated	Grammar Book
August	L-3 The Mice and the Elephants	-elephant, forest, friends, help	Listen and retell story.	Story retelling(4-5 lines)	One many worksheet, This, That, These, Those sentences.	Can small ones help big ones?	-Clay modelling animals , Story strip colouring.	L-7 One/ Many L-8 This/ That/ These/ Those
Sept.	L-4 Puzzle Time Poem – The Friendly Doctor	Puzzle words Words related to hospital.	Listen to riddles and identify answers.	Make sentences with pronouns	Pronoun replacement exercises.	Why are doctors important?	Create simple word puzzle Make a health poster.	L-9 Personal Pronouns L-10 Is/ Am/ Are L-11 There is/, There are
Oct.	L-5 A Tale for Dadi Ma Poem – I Love My Family	Words related love, care etc. Family words: love, care	Listen to story narration. Listen to the story and tick the correct option.	3 lines on Dadi ma. Few lines on My Family	Is/ are/ am There is/are Possessive adjectives sentences.	Why are grandparents special? Why is family important?	Greeting card for Dadi Family tree chart	L-12 Possessive L-14 Is, Am/ Are + Doing words + ing

ENGLISH

Months	Literature/ Poetry	Vocabulary	Listening	Speaking	Writing	Critical Thinking	Art Integrated	Grammar Book
Nov.	L-6 Momo's Clean Up Trick	Clean, sweep, tidy, help etc.	Listen to cleanliness story.	Few lines on How I help at home	Doing words, is /am/ are + ing, can/cannot reading comprehensive	Why is cleanliness important?	Clean classroom poster. Good habits chart.	L-13 Doing Words L-15 Can/ Cannot L-23 Reading comprehension of Grammar book.
Dec.	L-7 Jungle Sports Day	Jungle, race, team, win etc.	Story listening and identify prepositions.	Speak on your favourite game.	Prepositions, Question words, Present simple sentences.	Why is team work important?	Draw jungle sports scene. Sports badge craft.	L16 Preposition L17 Question words L-18 Present simple
Jan.	L-8 Forest Fitness Fun	Exercise, healthy, strong etc.	Listen and identify joining words.	5 lines on exercise.	Joining words, Punctuation Short Composition	Why should we stay fit?	Fitness poster Exercise pose drawing	L-19 Joining work L-20 Punctuation
Feb.	Poem: Summer Picnic	Sun, Picnic, Mango, Park etc.	Listen to comprehension passage	5 lines on picnic.	Full grammar revision Composition writing	What should we carry for picnic?	Picnic scene drawing Summer cap craft	L-21 Vocabulary L-23 Composition
March	Revision and assessment	Vocabulary revision	Listening activities	Recitation and speaking	Writing practice	Review of concepts	Creative worksheets	

HINDI

महीना	पाठ्य पुस्तक पठन योग्यता/कविताएँ	शब्दावली	श्रवण योग्यता	वाचन योग्यता	लेखन योग्यता	कल्पनाशक्ति एवं चिंतन	रचनात्मक गतिविधियाँ	व्याकरण
अप्रैल	आइए दोहराएँ पाठ-1 बिना मात्रा वाले शब्द (दो, तीन, चार अक्षर) बुलबुल (कविता)	कम, जल, घर, फल	बच्चे बिना मात्रा वाले शब्द सुनकर दोहराएँगे। कविता सुनकर दोहराएँ।	बच्चे बिना मात्रा वाले शब्द दोहराएँगे। बच्चे कविता की पंक्तियाँ दोहराएँगे	बिना मात्रा वाले शब्द, वाक्य लिखें।	दिए गए शब्दों में बिना मात्रा वाले शब्द पहचानें। बुलबुल कहाँ रहती है और क्या करती है?	फल/घर का चित्र बनाकर रंग भरें और उसके नीचे शब्द लिखें।	संज्ञा (मौखिक ज्ञान)
मई	पाठ-2 'आ' की मात्रा पठित गद्यांश रेलगाड़ी (कविता)	राम, माला, चादर, आसमान	बच्चे शब्द सुनेंगे और पठन करेंगे।	'आ' की मात्रा वाले शब्द दोहराएँगे। बच्चे कविता की पंक्तियाँ दोहराएँगे।	नए शब्द, वाक्य लिखें। चित्र वर्णन	दिए गए शब्दों में 'आ' की मात्रा वाले शब्द पहचानें। रेलगाड़ी कहाँ चलती है?	छाते का चित्र बनाएं और रंग भरें।	रंगों के नाम अंगों के नाम + All previous topics
जुलाई	पाठ-3 छोटी 'इ' की मात्रा पाठ-4 बड़ी 'ई' की मात्रा पाठ-5 छोटे 'उ' की मात्रा पठित गद्यांश खिलौनेवाला (कविता)	सिर, दिन, चिड़िया, रिमझिम चाची, सीटी, गीत, गीदड़ सुन, पुल, कछुआ, बुलबुल	बच्चे (इ, ई, उ) की मात्रा वाले शब्द सुनेंगे और पठन करेंगे।	बच्चे (इ, ई, उ) की मात्रा वाले शब्द पढ़कर अभ्यास करेंगे। बच्चे कविता की पंक्तियाँ दोहराएँगे।	बच्चे (इ, ई, उ) की मात्रा वाले शब्द, वाक्य लिखें। चित्र वर्णन	चित्र देखकर मात्रा वाले शब्द लिखो।	चिड़िया के चित्र में रंग भरे। पृष्ठ-19 हाथी का चित्र पूरा करें। पृष्ठ-24	लिंग बदलो फलों के नाम, संज्ञा +All previous topics

HINDI

महीना	पाठ्य पुस्तक पठन योग्यता/कविताएँ	शब्दावली	श्रवण योग्यता	वाचन योग्यता	लेखन योग्यता	कल्पनाशक्ति एवं चिंतन	रचनात्मक गतिविधियाँ	व्याकरण
अगस्त	पाठ-6 बड़े 'ऊ' की मात्रा पाठ-8 छोटी 'ए' की मात्रा पाठ-9 बड़ी 'ऐ' की मात्रा चंदू की पतंग (कविता) पठित गद्यांश	फूल, भालू, चूहा, कबूतर शेर, केला, रेशम, केसर ऐनक, सैर, मैला, थैला	बच्चे (ऊ, ए, ऐ) की मात्रा वाले शब्द सुनेंगे और पठन करेंगे। कविता सुन कर दोहराएँ।	बच्चे (ऊ, ए, ऐ) की मात्रा वाले शब्द पढ़कर अभ्यास करेंगे।	बच्चे (ऊ, ए, ऐ) की मात्रा वाले शब्द, वाक्य लिखें। चित्र वर्णन	झूला या जूता शब्द का प्रयोग करके वाक्य बनाओ। वाक्य पढ़कर बताओ किस शब्द में छोटी ए की मात्रा है?	चित्र चार्ट पर लगाएँ। पतंग का चित्र बनाकर उसमें रंग भरें।	वचन बदलो सर्वनाम + All previous topics
सितंबर	पाठ- 10 छोटे 'ओ' की मात्रा पाठ-11 बड़े 'औ' की मात्रा पठित गद्यांश	ओस, मोर, चोर, तोता औरत, मौज, मौसी, कौशल	बच्चे (ओ, औ) की मात्रा वाले शब्द सुनेंगे और पठन करेंगे।	बच्चे (ओ, औ) की मात्रा वाले शब्द पढ़कर अभ्यास करेंगे।	बच्चे (ओ, औ) की मात्रा वाले शब्द, वाक्य लिखें।	पक्षियों को पहचाने और उनके नाम लिखें। पृष्ठ-48	ढोलक का चित्र बनाओ और रंग भरो।	सप्ताह के दिन, विशेषण + All previous topics
अक्तूबर	पाठ-12 अनुस्वार पाठ-13 अनुनासिक पाठ-14 विसर्ग क्या बोलें (कविता)	अंगूर, बंदर, हंस, पंख चाँद, माँद, बाँसुरी, आँख प्रातः, नमः अतः, अंततः	बच्चे मात्रा वाले शब्द सुनेंगे और पठन करेंगे।	बच्चे मात्रा वाले शब्द पढ़कर अभ्यास करेंगे।	बच्चे मात्रा वाले शब्द, वाक्य लिखें। चित्र वर्णन	चित्र देखकर कोई चार वाक्य बोलिए। पृष्ठ-62	किसी एक पक्षी का चित्र बनाएँ और रंग भरें।	गिनती (1-10) + All previous topics

HINDI

महीना	पाठ्य पुस्तक पठन योग्यता/कविताएँ	शब्दावली	श्रवण योग्यता	वाचन योग्यता	लेखन योग्यता	कल्पनाशक्ति एवं चिंतन	रचनात्मक गतिविधियाँ	व्याकरण
नवंबर	पाठ-16 संयुक्त व्यंजन पाठ-18 रोमा की आदत आम (कविता) पठित गद्यांश	रक्षा, श्रम, त्रिशूल, ज्ञानी उदास, रोमा, परीलोक, सुनकर	बच्चे कहानी सुनेंगे और पठन करेंगे और कविता सुनकर दोहराएँ।	बच्चे कहानी को अपने शब्दों में सुनाएँगे।	बच्चे मात्रा वाले शब्द, वाक्य, प्रश्न-उत्तर लिखें। चित्र वर्णन	आप स्वयं को साफ रखने के लिए क्या करते हैं?	आम का चित्र बनाएँ।	क्रिया, विलोम शब्द + All previous topics
दिसंबर	पाठ-19 गुणकारी सब्जियाँ पठित गद्यांश	ताकत, सब्जियाँ, पकौड़ी, पसंद	बच्चे कहानी सुनेंगे और पठन करेंगे।	बच्चे कहानी में से प्रश्नों के उत्तर देंगे।	कठिन शब्द, वाक्य, प्रश्न-उत्तर	घर के खाने और बाजार के खाने पर चर्चा।	सब्जियों के चित्रों में रंग भरें। पृष्ठ-85	सब्जियों के नाम + All previous topics
जनवरी	पाठ-21 वरुण के खिलौने हाथी की बारात (कविता) पठित गद्यांश	मनपसंद, बिखरे, टोकरी, अचानक	बच्चे कहानी सुनेंगे और पठन करेंगे और कविता सुनकर दोहराएँ।	बच्चे कहानी में से प्रश्नों के उत्तर देंगे और कविता दोहराएँगे।	कठिन शब्द, वाक्य, प्रश्न-उत्तर	अपने मनपसंद खिलौने के बारे में चार वाक्य बोलें।	अपने मनपसंद खिलौने का चित्र बनाएँ और रंग भरें।	समानार्थक शब्द + All previous topics
फरवरी	पाठ-23 गौरैया का घर स्कूली बस (कविता) पठित गद्यांश	गौरैया, चिंता, उपाय, नन्हीं	बच्चे कहानी सुनेंगे और पठन करेंगे और कविता सुनकर दोहराएँ।	बच्चे कहानी में से प्रश्नों के उत्तर देंगे और कविता दोहराएँगे।	कठिन शब्द, वाक्य, प्रश्न-उत्तर	आप पक्षियों के साथ कैसा व्यवहार करेंगे?	दिए गए चित्रों की सही परछाईं पर निशान लगाएँ। पृष्ठ-102	महीनों के नाम + All previous topics
मार्च	पुनरावृत्ति एवं मूल्यांकन	शब्दावली की पुनरावृत्ति	श्रवण गतिविधियाँ	मौखिक मूल्यांकन	कार्यपत्र लेखन	अवधारणाओं की पुनरावृत्ति।	परियोजना गतिविधि	व्याकरण पुनरावृत्ति

MATHS

Months	Chapters	Tables	Vocabulary	Listening	Speaking	Writing	Critical Thinking	Art Integrated
April	L-1 Pre Number Concepts	Table 2	Big–small, long–short, more–less, heavy–light	Listen & identify objects by size	Compare two objects orally	Circle bigger/smaller objects	Which glass holds more water?	Sorting objects activity, size comparison
May	L-2 Numbers up to 9	Table 3	Number names 1–9	Listen & count objects	Count objects aloud	Write numbers 1–9, Match number to objects	What comes before 5?	Number collage, Finger counting art
July	L-3 Cardinal & Ordinal Numbers	Table 4	First, second, third, how many	Listen & identify positions	Say position in queue	Write ordinal numbers (1st–5th)	Who is first in line?	Position race activity, Crown for “First Place”
August	L-4 Addition & Subtraction (up to 9)	Table 5	Plus, minus, equals	Listen to simple word problems	Solve orally using fingers	Solve sums up to 9	If you have 5 apples & eat 2, how many left?	Button counting activity, Bead string addition
Sept.	L-5 Numbers from 10 to 20	Table 6	Tens, ones, after, before	Listening to number sequences	Reading numbers aloud	Write numbers (1–20)	Arrange numbers in ascending and descending order	Place value chart

MATHS

Months	Chapters	Tables	Vocabulary	Listening	Speaking	Writing	Critical Thinking	Art Integrated
Oct.	-6 Numbers from 21 to 100	Table 7	Tens, ones, after, before	Listening to number sequences	Reading numbers aloud	Write numbers	Arrange numbers in ascending/ descending order	Place value chart
Nov.	L-9 Shapes	Table 8	Circle, square, triangle, rectangle	Listen & identify shapes	Name shapes in classroom	Draw & colour shapes	Why is a wheel round?	Shape collage, Shape hunt activity
Dec.	L-10 Patterns	Table 9	Patterns	Listen and identify pattern sequences	Oral problem solving	Writing patterns	Application of concepts	Pattern bracelet
Jan.	L-11 Measurement L-12 Money, L-13 Time, L-14 Data Handling	Table 10	Tall / short, Rupee / coin, Clock / hour / day, Chart / table	Observing tools, shopping conversations, routine listening.	Compare objects, match coins, tell time	Writing measurement, amounts, clock, tally chart	Why measure? What data shows?	Measure objects, paper coin, clock craft, survey chart
Feb.	Revision & Assessment	Revision	Mathematical terms revision	Listening to oral questions	Answer simple data questions	Worksheets and tests	Application of concepts	Maths games
March	Revision & Assessment	Revision	Mathematical terms revision	Listening to oral questions	Answer simple data questions	Worksheets and tests	Application of concepts	Maths games

EVS

Months	Chapters	Vocabulary	Listening	Speaking	Writing	Critical Thinking	Art Integrated
April	Ch:1 My Body	Body, Parts, Eyes, Ears, Hands, Legs	Listen and identify body parts.	Name 5 body parts and their functions.	Label body parts worksheet.	Why are our eyes important?	Colour the body outline.
May	Ch:2 My Family	Family Members	Listen to family story.	Five lines on My Family.	Draw and label family members	Why is family important to us?	Family tree chart.
	Ch:3 Food and Water	Healthy Food, Fruits, Water	Food rhyme	Name healthy foods.	Circle healthy food.	Why do we need water daily?	Healthy food collage.
July	Ch:4 Our Clothes	Cotton, Wool, Rainy	Listen to seasonal clothes story	Name the clothes for each season.	Match clothes to season.	Why do we wear clothes?	Fabric pasting activity.
	Ch:5 We Need a House	House, Shelter, Caravan, Tent	Why we need a house?	Name different types of houses.	Draw and label different types of house.	Why do we need a house?	Paper house craft.
August	Ch:6 Plants Around Us	Root, Stem, Leaf, Flower, Fruit	Listen different parts of a plant.	Name different types of plants.	Label different parts of a plant.	What would happen if there were no trees or plants?	Leaf printing

EVS

Months	Chapters	Vocabulary	Listening	Speaking	Writing	Critical Thinking	Art Integrated
Sept.	Ch : 7 Animal World	Pet, Wild, Domestic, Birds, Insects.	Listen animals sound.	Name different types of animals.	Match animals to homes.	Why should we not harm animals?	Animal mask craft.
Oct.	Ch:8 My School	Classroom, Teacher, Library, Playground.	Listen to school rules.	5 lines on My School.	Draw and label classroom things.	Why should we follow school rules?	School model drawing, school badge craft.
Nov.	Ch: 9 Good Manners and Habits	Please, Thank You, Sorry, Clean Habits.	Listen to good habit story.	Role play on good manners.	Write 3 good habits.	Why should we say thank you?	Smile badge craft.
Dec.	Ch:10 Safety First	Safe, Danger, Traffic Light, Helmet.	Listen to safety rule.	Say 3 safety rules.	Colour traffic signals correctly.	Why should we were helmet?	Traffic light craft. Safety poster.
Jan.	Ch:11 Means of Transport Communication	Bus, Train, Letter, Phone, Aeroplane.	Listen to transport sound.	Name land, air, water transport.	Match different types of transport.	Which transport is fastest?	Paper boat craft, Transport drawing.

EVS

Months	Chapters	Vocabulary	Listening	Speaking	Writing	Critical Thinking	Art Integrated
Feb.	Ch:12 Air and Weather	Air, Wind, Breeze, Storm	Listen to weather description	Describe today's weather	Fill weather chart.	Why do we need air?	Cotton cloud art
	Ch:13 The sky above us	Sun, Moon, Stars, Clouds	Listen and name things in the sky.	Describe Day/Night	Draw and label the Sun and the Moon.	Why Sun and Moon different from each other?	Day/ Night sky painting
March	Revision and Assessment	All Key Words Revised	Listen and answer oral questions.	Oral recap of all topics. Mixed worksheets and short answers.	Mixed worksheets and short answers	Real life based questions	Project Display

PUNJABI

ਮਹੀਨਾ	ਪੜ੍ਹਨਾ	ਕਵਿਤਾ ਪਾਠ/ਬੋਲਣਾ	ਸੁਣਨਾ	ਰਚਨਾਤਮਕ ਗਤੀਵਿਧੀ
ਅਪ੍ਰੈਲ	ੳ ਤੋਂ ਹ ਤੱਕ (ਪੰਨਾ 2-11)	ਮੇਰੀ ਪਿਆਰੀ ਮਾਂ ਮੇਰੀ ਪਿਆਰੀ ਪਿਆਰੀ ਮਾਂ, ਪਿਆਰ ਤੇਰਾ ਹੈ ਠੰਢੀ ਛਾਂ। ਮੈਨੂੰ ਗੋਦੀ ਚੁੱਕ-ਚੁੱਕ ਖਿਡਾਵੇਂ, ਹਰ ਵੇਲੇ ਹੀ ਲਾਡ ਲਡਾਵੇ। ਭੁੱਖ ਲੱਗੇ ਤਾਂ ਦੁੱਧ ਪਿਲਾਵੇ, ਲੋਰੀਆਂ ਦੇ ਕੇ ਖੂਬ ਸੁਆਵੇ।	ੳ ਤੋਂ ਹ ਤੱਕ ਪੜ੍ਹਕੇ ਸੁਣਾਓ।	ਪੰਨਾ-3, 5, 7, 9 11:- ਵਰਣਮਾਲਾ ਦੇ ਅੱਖਰਾਂ ਵਿੱਚ ਰੰਗ ਭਰੋ ਅਤੇ ਅੱਖਰਾਂ ਨੂੰ ਗੂੜ੍ਹੇ ਕਰਕੇ ਲਿਖੋ।
ਮਈ	ਦੁਹਰਾਈ ੳ ਤੋਂ ਹ ਤੱਕ, ਕ-ਛ ਤੱਕ (ਪੰਨਾ 12-21)		ਕ-ਛ ਤੱਕ ਪੜ੍ਹ ਕੇ ਸੁਣਾਓ।	ਪੰਨਾ-13, 15, 17, 19 :- ਕ, ਖ, ਗ, ਘ ਵਰਣਮਾਲਾ ਦੇ ਅੱਖਰਾਂ ਵਿੱਚ ਰੰਗ ਭਰੋ ਅਤੇ ਅੱਖਰਾਂ ਨੂੰ ਗੂੜ੍ਹੇ ਕਰਕੇ ਲਿਖੋ।
ਜੁਲਾਈ	ਦੁਹਰਾਈ ੳ ਤੋਂ ਛ ਤੱਕ, ਚ-ਝ ਤੱਕ (ਪੰਨਾ 22-31)	ਰੁੱਖ ਲਗਾਓ ਰੁੱਖ ਲਗਾਓ ਰੁੱਖ ਸਾਥੀਓ, ਫਿਰ ਮਿਲੇਗਾ ਸੁਖ ਸਾਥੀਓ, ਰੁੱਖਾਂ ਦੀਆਂ ਠੰਡੀਆਂ ਛਾਵਾਂ, ਇਹ ਕਰਦੇ ਨੇ ਦੂਰ ਬੁਲਾਵਾਂ, ਮਿੱਠੇ ਮਿੱਠੇ ਫਲ ਇਹ ਦਿੰਦੇ, ਫੁੱਲ ਇਹਨਾਂ ਦੇ ਖਿੜਦੇ ਰਹਿੰਦੇ ਕਈ ਤਰ੍ਹਾਂ ਦੇ ਦਿੰਦੇ, ਇਸ ਲਈ ਲਾਵੇ ਹਰ ਕੋਈ ਰੁੱਖ।	ਚ-ਝ ਤੱਕ ਪੜ੍ਹ ਕੇ ਸੁਣਾਓ।	ਪੰਨਾ-21 ਅੰਗੂਰ ਦੇ ਗੁੱਛੇ ਵਿੱਚੋਂ ਅੱਖਰ ਸੰਕੇਤ ਅਨੁਸਾਰ ਰੰਗ ਭਰੋ।
ਅਗਸਤ	ਦੁਹਰਾਈ ੳ ਤੋਂ ਝ ਤੱਕ, ਟ-ਣ (ਪੰਨਾ 32-41)		ਟ-ਣ ਪੜ੍ਹ ਕੇ ਸੁਣਾਓ।	ਪੰਨਾ-23, 25, 27, 29 ਚ, ਛ, ਜ, ਝ :- ਵਰਣਮਾਲਾ ਦੇ ਅੱਖਰਾਂ ਵਿੱਚ ਰੰਗ ਭਰੋ ਅਤੇ ਅੱਖਰਾਂ ਨੂੰ ਗੂੜ੍ਹੇ ਕਰਕੇ ਲਿਖੋ।
ਸਤੰਬਰ	ਦੁਹਰਾਈ ੳ ਤੋਂ ਠ ਤੱਕ, ਤ-ਨ ਤੱਕ (ਪੰਨਾ 42-51)	ਮੇਰੀ ਕਾਪੀ ਮੇਰੀ ਕਾਪੀ ਸਭ ਤੋਂ ਪਿਆਰੀ, ਮੈਨੂੰ ਲੱਗਦੀ ਸਭ ਤੋਂ ਨਿਆਰੀ।	ਤ-ਨ ਤੱਕ ਪੜ੍ਹ ਕੇ ਸੁਣਾਓ।	ਪੰਨਾ-33, 35, 37, 39 ਟ, ਠ, ਡ, ਢ, ਣ :- ਵਰਣਮਾਲਾ ਦੇ ਅੱਖਰਾਂ ਵਿੱਚ ਰੰਗ ਭਰੋ ਅਤੇ ਅੱਖਰਾਂ ਨੂੰ ਗੂੜ੍ਹੇ ਕਰਕੇ ਲਿਖੋ।

PUNJABI

ਮਹੀਨਾ	ਪੜ੍ਹਨਾ	ਕਵਿਤਾ ਪਾਠ/ਬੋਲਣਾ	ਸੁਣਨਾ	ਰਚਨਾਤਮਕ ਗਤੀਵਿਧੀ
ਅਕਤੂਬਰ	ਦੁਹਰਾਈ ਓ ਤੋਂ ਨ ਤੱਕ ਪ-ਮ ਤੱਕ (ਪੰਨਾ 52-61)	ਸੋਹਣਾ-ਸੋਹਣਾ ਕੰਮ ਮੈਂ ਕਰਦਾ, ਉਹ ਤੋਂ ਬਿਨਾਂ ਮੇਰਾ ਮਨ ਨਾ ਲਗਦਾ। ਉਹਦਾ ਰੰਗ ਬੜਾ ਹੈ ਫੱਬਦਾ, ਪੜ੍ਹਾਈ ਵਿਚ ਮੇਰਾ ਮਨ ਹੈ ਲੱਗਦਾ। ਸੋਹਣੀ ਹੋ ਗਈ ਮੇਰੀ ਲਿਖਾਈ, ਉਸ ਬਾਰੇ ਮੈਂ ਕਵਿਤਾ ਬਣਾਈ।	ਪ-ਮ ਤੱਕ ਪੜ੍ਹ ਕੇ ਸੁਣਾਓ।	ਪੰਨਾ-41 ਟ ਵਰਗ ਦੇ ਅੱਖਰ ਉਸ ਵਿੱਚ ਵੱਖ-ਵੱਖ ਰੰਗ ਭਰੋ ਅਤੇ ਸਾਰੇ ਅੱਖਰਾਂ ਨੂੰ ਠੀਕ ਤਰਤੀਬ ਵਿੱਚ ਲਿਖੋ।
ਨਵੰਬਰ	ਦੁਹਰਾਈ ਓ ਤੋਂ ਮ, ਯ-ੜ ਤੱਕ (ਪੰਨਾ 62-71)	ਚੋਰੀ ਕਰਨਾ ਪਾਪ ਹੈ। ਠੱਕ-ਠੱਕ ਕਰਦਾ ਚੌਕੀਦਾਰ, ਕਰਦਾ ਹੈ ਸਭ ਨੂੰ ਹੁਸ਼ਿਆਰ। ਹੱਥ ਵਿਚ ਉਸਦੇ ਸੋਟੀ ਹੈ, ਸੋਟੀ ਬੜੀ ਮੋਟੀ ਹੈ। ਰਹੋ-ਜਾਗਦੇ ਕਹਿੰਦਾ ਹੈ, ਸਾਰੀ ਰਾਤ ਨਾ ਸੌਂਦਾ ਹੈ। ਮੌਸਮ ਹੋਏ ਗਰਮ ਜਾਂ ਠੰਡਾ, ਚੋਰ ਆਏ ਤਾਂ ਮਾਰੇ ਡੰਡਾ। ਗੱਲ ਬੜੀ ਹੀ ਸਾਫ਼ ਹੈ, ਚੋਰੀ ਕਰਨਾ ਪਾਪ ਹੈ।	ਯ-ੜ ਤੱਕ ਪੜ੍ਹ ਕੇ ਸੁਣਾਓ।	ਪੰਨਾ-43, 45, 47, 49 ਤ, ਥ, ਦ, ਧ, ਨ:- ਵਰਣਮਾਲਾ ਦੇ ਅੱਖਰਾਂ ਵਿੱਚ ਰੰਗ ਭਰੋ ਅਤੇ ਅੱਖਰਾਂ ਨੂੰ ਗੂੜ੍ਹੇ ਕਰਕੇ ਲਿਖੋ।
ਦਸੰਬਰ	ਓ ਤੋਂ ਤ ਤੱਕ, ਸ਼-ਲ ਤੱਕ (ਪੰਨਾ 72-82)		ਯ-ੜ ਤੱਕ ਪੜ੍ਹ ਕੇ ਸੁਣਾਓ।	ਪੰਨਾ-53, 55, 57, 59, 61 ਪ, ਫ, ਬ, ਭ, ਮ :- ਵਰਣਮਾਲਾ ਦੇ ਅੱਖਰਾਂ ਵਿੱਚ ਰੰਗ ਭਰੋ ਅਤੇ ਅੱਖਰਾਂ ਨੂੰ ਗੂੜ੍ਹੇ ਕਰਕੇ ਲਿਖੋ।
ਜਨਵਰੀ	ਓ-ਲ ਤੱਕ ਸਾਰੇ ਦੀ ਦੁਹਰਾਈ ਕਰਵਾਈ ਜਾਵੇਗੀ।		ਓ-ਲ ਤੱਕ ਪੜ੍ਹ ਕੇ ਸੁਣਾਓ।	ਪੰਨਾ-63, 65, 67, 69, 70:- ਯ ,ਰ ,ਲ ,ਵ ,ੜ ਵਰਣਮਾਲਾ ਦੇ ਅੱਖਰਾਂ ਵਿੱਚ ਰੰਗ ਭਰੋ ਅਤੇ ਅੱਖਰਾਂ ਨੂੰ ਗੂੜ੍ਹੇ ਕਰਕੇ ਲਿਖੋ।
ਫਰਵਰੀ			ਓ-ਲ ਤੱਕ ਸਾਰੇ ਦੀ ਦੁਹਰਾਈ ਕਰਵਾਈ ਜਾਵੇਗੀ।	ਪੰਨਾ-71:-ਹੇਠਾਂ ਕੁੱਝ ਚਿੱਤਰ ਦਿੱਤੇ ਗਏ ਹਨ ਉਹਨਾਂ ਨੂੰ ਉਹਨਾਂ ਦੇ ਚਿੱਤਰ ਨਾਲ ਮਿਲਾਓ।

GENERAL KNOWLEDGE

Months	Chapters	Vocabulary	Listening	Speaking	Writing	Critical Thinking	Art Integrated
April	L-13 Golden Words L-11 Tongue Twister Fun L-12 Playing in Sunlight	Please, Sorry, Thank You, Polite Words	Listen to golden words story	Practice polite words in class.	Write 3 golden words.	Why should we say thank you?	Sun drawing, Smile badge craft.
May	L-18 Super Food vs Junk Food L-19 Pattern Around Us L-20 Table Manners L-22 Liquid Magic L-24 Fruits and Vegetables L-26 Rainbow Diet	Healthy, Junk, Fruits, Liquids Brave, Difference, Careful	Listen to healthy habits story.	Name healthy foods.	Circle healthy food worksheet.	Why is junk harmful?	Food collage Rainbow plate craft.
July	L-6 Spot the Difference L-31 Bravery	Careful, Clean, Safe	Listen to story about good habits.	Tell how to help others.	Identify differences worksheet.	Why should we help others?	Spot the difference activity.
August	L-9 Independence Day L-10 They Made Us Proud to be an Indian L-16 Famous in India L-17 India is One L-32 Plants World	India, Unity	Listen to patriotic story	Say 3 lines about India.	Write the names of National symbols.	Why should we respect our country?	Tricolour craft, Plant drawing.

GENERAL KNOWLEDGE

Months	Chapters	Vocabulary	Listening	Speaking	Writing	Critical Thinking	Art Integrated
Sept.	L-1 Furry Friends L-3 Land Animals	Pet, Wild, Furry, Forest	Listen to animals sound.	Name pet and wild animals.	Match animals to home.	Why should we care for animals and their homes.	Animal mask craft.
Oct.	L-21 Riddle Time L-34 Food for the Brain L-5 My Cartoon Friends	Riddle, Brain, Smart	Listen to riddles.	Solve riddles orally.	Write simple answers.	How does healthy food help brain?	Riddle card making, cartoon drawing.
Nov.	L-30 Behaving Well L-25 Smart Screen Smart Habits L-27 Arranging in Order L-29 Clean HANDS Healthy Hands (Swachh Bharat Abhiyan)	Good Habits, Screen, Clean	Listen to Hygiene story.	Role play on Good behaviour.	Arrange steps in order.	Why should we wash hands?	Cleanliness posture, hand print activity.
Dec.	L-8 Play Move and Grow L-28 Our Everyday Heroes	Play, Hero, Helper	Listen to helpers story	Name Community Helpers.	Match helper to work.	Why are helpers important ?	Helper Badge Craft.

GENERAL KNOWLEDGE

Months	Chapters	Vocabulary	Listening	Speaking	Writing	Critical Thinking	Art Integrated
Jan.	L-2 National symbols L-4 Our Flag L-33 Months of the year L-23 Traffic Symbols	Flag, Symbol, Month, Signal	Listen to national symbol fact.	Recite months in order.	Colour national flag correctly.	Why do we follow traffic signal ?	Flag craft, Draw and Colour the traffic lights.
Feb.	L-13 Code Decode L-35 Games of India L-15 The Sky above us L-14 Caring for mother Earth	Code, Game, Sky, Earth	Listen to environment story.	Speak about favourite game	Decode simple pattern.	How can we protect Earth ?	Earth poster, Star painting
March	Revision and assessment	All Key GK words	Oral questioning	Recap Topics	Mixed Worksheet	Real life application	Project Display

COMPUTER

Months	Lesson	Vocabulary	Listening	Speaking	Writing	Critical Thinking	Art Integrated
April	Ch-1 Meet My Computer	Computer, Music, Machine, Natural, Human	Listen to teacher explanation about computer	Uses of computer in different areas.	Trace a computer picture on worksheet.	Why do we use computers?	Colour a computer diagram.
May	Ch-2 Parts of a Computer	CPU, Monitor, Keyboard, Mouse, Printer	Listen to functions of computer parts	Name computer parts.	Match parts with their names.	Which part helps us type?	Solve the maze to find the power button.
July	Ch-3 Be Safe and Smart	Internet, Safety, Password, Careful, Screen, Online	Listen to safety rules story	Speak about safe computer use.	Circle safe computer habits.	Why should we not share passwords?	Use crayons to make traffic light colourful.
August	Ch-4 Fun with Keys	Keyboard, Number, Spacebar, Shift, Enter, Backspace	Listen and identify keyboard keys.	Name keys on keyboard.	Trace letters using keyboard worksheet.	Which key gives space between words?	Cut the letters from 'Keyboard' and show arrows to home row.
Sept.	Revision and Assessment	Computer Terms Revision	Listening to oral questions.	Oral quiz	Worksheet assessment	Recall and application	Computer quiz
Oct.	Ch-5 Play with Mouse	Click, Double, Hold, Drag, Drop, Pointer	Listen to mouse instructions	Demonstrate mouse actions.	Match mouse actions worksheet.	What happens when we click the mouse?	Colour mouse picture and label its parts.

COMPUTER

Months	Lesson	Vocabulary	Listening	Speaking	Writing	Critical Thinking	Art Integrated
Nov.	Ch-6 Computer Memory	Memory, Save, Storage, Hard Disk, Pen Drive	Listen to explanation about saving files.	Speak about storing information.	Circle storage devices in worksheet.	Why do computers store information?	Draw and colour pen drive / storage device.
Dec.	All about Me - Robot	Robot, Space Doctor, Factory	Listen to simple robot work.	Speak what computer do.	Areas where robot use.	Why robot use?	Colour the robot.
Jan.	Code Magic	Code, scratch, character, stage, program	Listen to explanation about ScratchJr software and instructions	Speak about application and games	Match the blocks	What is the use of ScratchJr	Move stepwise by counting 2
Feb.	Ch-8 World of AI	Ai, Powered Machine, Robot	Listen about AI.	Explain where AI use.	Match the AI machines.	How do Alexa/Siri Work	Robot craft activity.
March	Revision and Assessment	Computer Terms Revision	Listening to oral questions.	Oral quiz	Worksheet assessment	Recall and application	Computer quiz

ART & CRAFT

Book: Wings of Art (1)

Publisher: Kirti Publications

Months	Topic	Vocabulary	Listening	Speaking	Critical Thinking	Art Activity
April	Pg:3 Tangy Orange	Orange, Fruits	Fruit Story	Describe Orange	Why Are Fruits Healthy?	Coloring
	Pg:4 A Big Duck	Duck, Pond	Animal Sound	Talk About Duck	Where Did Ducks Love?	Coloring
	Pg:6 Ice Cream	Ice Cream	Summer Story	Talk About Your Favourite Flavour	Why Do We Like Ice Cream In The Summer?	Coloring
	Shapes: Circle, Square, Cone	Shapes Name	Explanation of Shapes	Identify Shapes	Identify The Shapes Around Us ?	Draw Three Different Shapes
	Sun And Crescent Moon	Sun, Moon	Nature Sound	Describe Sun & Moon	From Where The Sun And Moon Get Their Light?	Drawing
	Pg: 5 Best Friends	Friends, Friendship	Story	Talk About Your Best Friend	Why Do We Need A Best Friend ?	Craft Work
	Pg:7 My Glass of Health	Healthy	Talk About Healthy Things	Discuss On Health	Which Food Items Keep Us Healthy?	Craft Work
	Pg: 9 The Flying Hut	Hut, Flying	Story	Describe The Hut	Why Do We Need Hut?	Hut In Craft

ART & CRAFT

Months	Topic	Vocabulary	Listening	Speaking	Critical Thinking	Art Activity
May	Pg:8 Doraemon	Cartoon	Cartoon Story	Describe cartoon	Why do children like cartoons?	Coloring
	Pg:10 Quneeie Bird	Bird, Wings	Bird Sound	Talk About Favourite Birds	How Do Birds Fly ?	Coloring
	Shapes : Triangle, Rectangle	Shapes Name	Instructions	Identify Shapes	Where Do We See Shapes?	Draw Five Different Types of Shapes
	Shapes : Star, Heart	Shapes	Instructions	Identify Shapes	Where Do We See Them In Daily Life?	Drawing
	Pg:14 Healthy Capsicum	Capsicum, Vegetables	Vegetables Names	Talk About Favourite Vegetable	Why Are Vegetables Healthy?	Coloring
	Pg:11 Mushroom Hut	Mushroom	Instructions	Describe Mushroom Hut	Where Have We Seen Them?	Mushroom Craft
	Pg:12 Jaggi The Joker	Joker, Circus's	Describe Joker	Talk About Favourite Joker Movement	How Joker Brings Happiness In Our Lives?	Joker Craft

ART & CRAFT

Months	Topic	Vocabulary	Listening	Speaking	Critical Thinking	Art Activity
July	How To Draw A Little Bird	Bird, Nest	Bird Sound	Describe Bird	Where Do Birds Build Their Nests?	Coloring
	Nature: Clouds, Bushes, Trees	Nature	Nature Rhyme	Describe Different Elements of Nature	Why Should We Save Nature?	Drawing
	Pg:18 Honey Bee	Bee, Honey	Insect Sounds	Talk About Bees	How Are Bees Useful?	Drawing
	Pg:19, 20 Face Mask	Mask, Design	Instructions	Talk About Mask	Why Use It In Festival?	Craft
	Pg:21–23 Stencil Art	Shapes	Instructions	Talk About Patterns	How Do Patterns Repeat?	Stencil Coloring
Aug.	Pg:13 Proud To Be An Indian	Indian, Proud	Patriotic Song	Talk About India	Why Respect Our Country?	Coloring
	Pg:24 A Big Pumpkin	Big Pumpkin	Pumpkin Story	Describe Pumpkin	Why Are Vegetables So Big?	Coloring
	Flowers : Tulip, Jasmine, Flower Pot	Flower, Nature	Talk About Names	Flowers Story	Why Do Flowers Smell Good?	Draw Different Types of Flowers?
	National Flowers	Lotus, Flower	Patriotic Song	Talk About Flower	Why Is Lotus Our National Flower?	Drawing
	National Flag	Flag	Patriotic Song	Talk About Flag	Why Does The Flag Have 3 Colours?	Drawing
	Pg: 16 Natkhat Khanha	Krishna	Festival Story	Talk About Festival	Why Do We Celebrate It?	Craft
	Pg: 25 Row Your Boat	Row, Boat	Instructions	Describe Paper Boat	Why Do We Need Boats?	Make a Paper Boat

ART & CRAFT

Months	Topic	Vocabulary	Listening	Speaking	Critical Thinking	Art Activity
Oct.	Pg: 26 Fresh Fruits	Fruit Names	Fruit Story	Talk About Fruits	Why Fruits Are Healthy?	Colouring
	Pg: 28 Angry Bird	Bird	Cartoon Story	Describe Angry Bird	How Do Birds Fly?	Colouring
	Fruits: Mango, Orange, Apple	Fruit Names	Story	Talk About Favourite Fruit	Which Fruit Do You Like?	Drawing
	Dussehra Scenery	Festival	Festival Story	Talk About Dussehra	Why Celebrate Dussehra?	Drawing
	Diya and Candle	Diya, Candle	Festival Story	Describe Diya & Candle	Why Does Diya Give Light?	Drawing
	Pg: 27 Envy of Ravana	Festival Character Ravana	Story	Talk About Ravana	Good Wins Over Evil, Doesn't It ?	Craft
	Pg: 29 Dragon Flies	Insect, Nature	Nature Sounds	Describe Insect	Why Do Insects Visit Flowers?	Craft
Pg: 30 Beautiful Flowers	Beautiful	Nature Rhyme	Talk About Favourite Flower	Why Are Flowers Important To Us?	Craft	
Nov.	Pg:31 Snow Man	Snow, Winter	Winter Story	Describe Snow Man	Why Snow Is Cold?	Coloring
	Pg:36 Smart Owl	Smart, Owl	Night Bird Sounds Story	Talk About Owl	Why Do Owls See At Night?	Colouring
	Vegetables: Tomato, Potato, Turnip	Vegetable Names		Talk About Vegetables	Why Are Vegetables Healthy?	Vegetables Drawing
	Christmas Tree	Christmas	Christmas Story	Talk About Christmas	Why Do We Decorate Christmas Trees?	Drawing

ART & CRAFT

Months	Topic	Vocabulary	Listening	Speaking	Critical Thinking	Art Activity
Nov. contd...	Pg: 32 Two Little Friends	Friends	Story	Talk About Friendship	Why Do Friends Help Each Other ?	Craft
	Pg: 33 Little Birdie	Bird	Bird Rhyme	Talk About Favourite Bird	Why Are Birds Important?	Craft
Jan.	Pg: 38 Happy Sunflower	Sunflower	Nature Story	Describe Flower	Why Do Flowers Face The Sun?	Colouring
	Birds - Sparrow, Duck	Bird Names	Bird Sounds	Talk About Birds	Why Do Birds Fly?	Drawing
	Hut with Trees & Clouds	Clouds, Hut, Tree	Story	Describe Scenery	Why Are Trees Important?	Drawing
	Kite	Kite	Kite Story	Talk About Kite	How Do Kites Fly?	Drawing
	Pg: 34 Dress Designing	Dress	Instructions	Describe Dress	Why Are They Colourful?	Craft
Pg: 35 Fish with Umbrella	Fish, Umbrella	Story	Talk About Fish	Why Do Fish Live In Water?	Craft	
Feb.	Pg: 40 Holi Splash	Holi Festival	Festival Song	Talk About Festival	Why Celebrate Holi?	Coloring
	Animals - Cat, Rabbit, Dog, Fish	Animal Names	Animal Sounds	Talk About Animals	Why Are Animals Useful?	Drawing
	Pg: 37 Boat	Boat	Water Story	Describe Boat	Where Does The Boat Travel?	Drawing
	Pg: 39 King of Jungle : Lion	Animal	Animal Story	Talk About Lion	Why Lion Called King?	Craft

MUSIC VOCAL & INSTRUMENTAL

	VOCAL		INSTRUMENT	
Months	Activities	Skill Focus	Activities	Skill Focus
April	Correct sitting posture, Breathing exercises (deep inhale–exhale), 4-beat clapping practice, Soft and loud voice practice.	Listening skills & rhythm awareness	Identify musical instruments, Soft vs loud sound, Clap rhythm imitation.	Sound awareness
May	School prayer (memorisation & clarity), One Hindi action song, One English action song, Expression practice (happy, energetic).	Pronunciation & confidence	4-beat clapping, Basic percussion beat (table/hand drum), Follow teacher pattern.	Rhythm practice
July	Sa Re Ga Ma (ascending), Sa Re Ga Ma (descending), Simple alankar: Sa Re Ga Re Sa, Pitch listening practice.	Pitch recognition	4-count percussion pattern, Repeat & respond rhythm game.	Rhythm reinforcement
August	National Anthem (correct pronunciation), Short patriotic group song, Group coordination practice.	Discipline & collective singing	March rhythm (steady 4-count beat), Group coordination.	Beat stability & teamwork
Sept.	Sa Re Ga Ma revision, Extended alankar practice, Tempo variation (slow & medium)	Voice control	Identify keyboard, Identify percussion instruments, Sound differentiation activity.	Instrument recognition
Oct.	Simple devotional song, Navratri/Diwali song, Expression and soft melody singing.	Emotional expression	Black & white key identification, Play single note (Sa), Finger placement awareness.	Keyboard introduction

MUSIC VOCAL & INSTRUMENTAL

Months	VOCAL		INSTRUMENT	
	Activities	Skill Focus	Activities	Skill Focus
Nov.	Simple regional folk song, Call & response singing, Group harmony.	Cultural awareness & teamwork	Play 2-key sequence, Rhythm coordination with claps.	Basic melody practice
Dec.	Winter / celebration themed song, Melody practice, Voice clarity.	Tone control	Play single-note pattern, Follow conductor signals.	Rhythm & melody coordination
Jan.	Patriotic song revision, Formation singing practice, Confidence building.	Stage readiness	Sing with rhythm, Follow beat cues.	Group instrument coordination
Feb.	Create 2-line class composition, Call & response singing, Rhythm matching.	Creativity & participation	Create simple beat pattern, Small group performance.	Creative rhythm
March	Swara recap, Prayer & patriotic song recap, Group performance.	Observation-based assessment	Identify instrument, Demonstrate simple rhythm	Assessment: Participation & rhythm accuracy

DANCE

Months	Activity / Theme	Vocabulary	Listening	Speaking	Critical Thinking	Activities
April	Rhythm & Body Movement (Basic Dance Steps & Rhythm)	Beat, clap, step, turn	Listen to rhythm beats and music tempo	Count beats and name movements	Why do we move our body with music?	Warm-up exercises; Clap and step rhythm practice; Free movement with music
May	Baisakhi Folk Dance (Simple Bhangra Steps)	Harvest, farmer, dhol, bhangra	Listen to Punjabi folk music	Speak simple lines about Baisakhi	Why do farmers celebrate Baisakhi festival?	Basic Bhangra steps; Shoulder and hand movements with dhol beats; Circle group dance.
July	Expression & Action Dance	Jump, clap, smile, turn	Listen to action song instructions	Speak action words while dancing	How do expressions show our feelings?	Action rhyme dance; Facial expression practice (happy, sad, excited).
August	Patriotic Dance (Independence Day Dance)	Flag, freedom, nation, salute	Listen to patriotic music	Speak short lines about India	Why do we respect our national flag?	Patriotic dance movements; Flag formation dance.
Sept.	Animal Movement Dance	Hop, crawl, jump, fly	Listen to animal sound music	Name animal movements	How do animals move differently?	Butterfly dance movements; Frog jumping dance.
Oct.	Festival Dance (Diwali Festival Dance)	Light, diya, festival	Listen to festive music	Speak about Diwali celebration	Why do we celebrate festivals together?	Diya hand movements; Circle festival dance.
Nov.	Folk Dance Fun (Simple Folk Dance Steps)	Folk, rhythm, step, clap	Listen to folk dance music	Describe dance movements	Why do different states have different dances?	Garba circle steps; Clap and spin movements.

DANCE

Months	Activity / Theme	Vocabulary	Listening	Speaking	Critical Thinking	Activities
Dec.	Creative Dance (Creative Free Style Dance).	Spin, slide, move, rhythm	Listen to instrumental music	Describe favourite dance step	How does music change our movements?	Freeze dance; Creative movement dance.
Jan.	Republic Day Cultural Dance	Nation, salute, parade	Listen to patriotic rhythm	Speak short lines about India	Why do we celebrate Republic Day?	March rhythm dance; Patriotic group formation.
Feb.	Dance Practice & Performance	Stage, rhythm, performance	Listen to dance cues	Speak about favourite dance	Why is practice important before performance?	Stage practice; Group choreography
March	Revision & Performance (Dance Revision)	Dance, rhythm, music	Follow music cues	Talk about favourite dance	Which dance did you enjoy the most this year?	Yearly dance revision and performance

PHYSICAL EDUCATION

Months	Activity / Lesson	Vocabulary	Listening	Speaking	Critical Thinking	Minor Games
April	Warm-up Exercises & Simple Stretching	Warm-up, stretch, run, jump	Listen to instructions for exercises	Name basic exercises	Why should we warm up before playing?	Indoor – Follow the Leader Outdoor – Run and Stop
May	Basic Yoga Postures	Balance, breathe, stretch	Listen to yoga instructions	Name yoga poses	Why is yoga good for health?	Indoor – Simon Says Outdoor – Catch the Ball
July	Running and Jumping Activities	Fast, slow, jump, hop	Listen to race instructions	Describe running game	Why should we exercise daily?	Indoor – Balloon Balance Outdoor – Sack Race
August	Balance and Coordination Exercises	Balance, step, move	Listen to balance instructions	Describe balance activity	How do we keep balance?	Indoor – Pass the Ball Outdoor – Relay Race
Sept.	Simple Team Games	Team, pass, goal	Listen to team game rules	Talk about team spirit	Why should we cooperate in games?	Indoor – Musical Statues Outdoor – Mini Football Kick
Oct.	Throwing and Catching Skills	Throw, catch, aim	Listen to ball game rules	Explain throwing activity	Why should we play games regularly?	Indoor – Ring Toss Outdoor – Throw and Catch Game
Nov.	Agility and Movement Activities	Move, twist, bend	Listen to movement instructions	Describe movement activity	How does exercise keep us healthy?	Indoor – Chair Balance Outdoor – Zigzag Running

PHYSICAL EDUCATION

Months	Activity / Lesson	Vocabulary	Listening	Speaking	Critical Thinking	Minor Games
Dec.	Fun Fitness Activities	Fitness, strong, active	Listen to fitness instructions	Talk about favourite sport	Why should we stay active?	Indoor – Clap and Count Game Outdoor – Mini Obstacle Race
Jan.	Yoga and Relaxation	Relax, breathe, calm	Listen to relaxation steps	Describe breathing exercise	How does yoga help our body?	Indoor – Freeze Game Outdoor – Short Relay Race
Feb.	Revision of Physical Activities	Run, jump, play, team	Listen to game instructions	Speak about favourite game	Which game do you enjoy most?	—
March	Physical Fitness Review	All sports words	Oral instructions	Discuss sports rules	Why are games important for health?	—

YOGA, MARTIAL ARTS & GYMNASTICS

Months	Activity	Vocabulary	Listening	Speaking	Critical Thinking
April	Introduction to Yoga <ul style="list-style-type: none"> • Breathing exercises • Stretching exercises • Yoga Pose – Tadasana (Mountain Pose) 	<ul style="list-style-type: none"> • Breathe, Relax • Stretch • Balance 	<ul style="list-style-type: none"> • Listen to instructions • Follow steps • Listen carefully 	<ul style="list-style-type: none"> • Talk about breathing • Describe stretching • Name the pose 	<ul style="list-style-type: none"> • Why breathing important? • Why stretch body? • How to stand straight?
May	Basic Yoga Postures <ul style="list-style-type: none"> • Vrikshasana (Tree Pose) • Butterfly Pose • Relaxation exercise 	<ul style="list-style-type: none"> • Tree, Balance • Butterfly • Relax 	<ul style="list-style-type: none"> • Listen to instructions • Follow steps • Listen quietly 	<ul style="list-style-type: none"> • Describe pose • Talk about movement • Talk about calmness 	<ul style="list-style-type: none"> • Why balance important? • How wings move? • Why relaxation needed?
July	Introduction to Karate <ul style="list-style-type: none"> • Basic karate stance • Hand movements • Discipline practice 	<ul style="list-style-type: none"> • Stance • Punch • Respect 	<ul style="list-style-type: none"> • Listen to instructor • Follow instructions • Listen to commands 	<ul style="list-style-type: none"> • Describe stance • Name movements • Say 'Yes Sensei' 	<ul style="list-style-type: none"> • Why stand strong? • Why control movements? • Why respect teacher?
August	Balance & Strength <ul style="list-style-type: none"> • Yoga Pose – Tree Pose practice • Karate block movements • Marching discipline 	<ul style="list-style-type: none"> • Balance • Block • March 	<ul style="list-style-type: none"> • Listen to instructions • Follow instructions • Listen to commands 	<ul style="list-style-type: none"> • Describe pose • Name movement • Talk about movement 	<ul style="list-style-type: none"> • How to keep balance? • Why block important? • Why discipline needed?

YOGA, MARTIAL ARTS & GYMNASTICS

Months	Activity	Vocabulary	Listening	Speaking	Critical Thinking
Sept.	Flexibility <ul style="list-style-type: none"> Bhujangasana (Cobra Pose) Karate punching practice Balance w/king 	<ul style="list-style-type: none"> Cobra Punch Balance 	<ul style="list-style-type: none"> Follow steps Listen to signals Follow instructions 	<ul style="list-style-type: none"> Describe pose Talk about punch Describe activity 	<ul style="list-style-type: none"> Why stretch back? Why practice carefully? Why balance important?
Oct.	Focus & Control <ul style="list-style-type: none"> Meditation (short) Karate front kick practice Breathing exercise 	<ul style="list-style-type: none"> Calm Kick Inhale 	<ul style="list-style-type: none"> Listen quietly Follow instructions Listen carefully 	<ul style="list-style-type: none"> Talk about calm mind Describe kick Describe breathing 	<ul style="list-style-type: none"> Why stay calm? Why control kick? Why breathing relaxes body?
Nov.	Strength & Discipline <ul style="list-style-type: none"> Child Pose (Balasana) Karate punch and block practice Balance exercises 	<ul style="list-style-type: none"> Relax Punch, Block Balance 	<ul style="list-style-type: none"> Follow steps Listen to commands Follow steps 	<ul style="list-style-type: none"> Talk about pose Name actions Describe balance 	<ul style="list-style-type: none"> Why rest body? Why safety important? How to stay steady?
Dec.	Flexibility & Relaxation <ul style="list-style-type: none"> Stretching routine Yoga relaxation Karate stance revision 	<ul style="list-style-type: none"> Stretch Calm Stance 	<ul style="list-style-type: none"> Follow instructions Listen quietly Follow steps 	<ul style="list-style-type: none"> Describe stretching Talk about relaxation Describe stance 	<ul style="list-style-type: none"> Why stretch muscles? Why rest body? Why strong posture?

YOGA, MARTIAL ARTS & GYMNASTICS

Months	Activity	Vocabulary	Listening	Speaking	Critical Thinking
Jan.	Discipline & Confidence <ul style="list-style-type: none"> • Yoga Pose revision • Karate drill practice • Marching exercise 	<ul style="list-style-type: none"> • Pose • Drill • March 	<ul style="list-style-type: none"> • Listen to instructions • Follow commands • Listen to signals 	<ul style="list-style-type: none"> • Name poses • Describe movement • Talk about movement 	<ul style="list-style-type: none"> • Which pose easiest? • Why practice daily? • Why move together?
Feb.	Practice & Demonstration <ul style="list-style-type: none"> • Yoga pose practice • Karate basic moves • Balance exercise 	<ul style="list-style-type: none"> • Pose • Kick, Punch • Balance 	<ul style="list-style-type: none"> • Follow steps • Listen to commands • Follow instructions 	<ul style="list-style-type: none"> • Describe favourite pose • Talk about moves • Describe activity 	<ul style="list-style-type: none"> • Why yoga healthy? • Why discipline important? • Why body balance important?
March	<ul style="list-style-type: none"> •Yoga posture revision •Karate movement practice •Balance and breathing exercises •Demonstration during Sports Day 				