

# Assessment Structure : Academic Year 2026 -27

## Class-VII

The evaluation process for the **academic year 2026-27** has been thoughtfully designed to ensure a comprehensive and continuous assessment of students' progress.

There will be **no formal examinations**. Instead, **regular assessments** will be conducted throughout the year to track learning and understanding to prepare the **consolidated results**.

### Evaluations and Promotions criteria:

Students will be evaluated and promoted to the next classes based on their regular performance in academics and extra curricular activities.

### Emphasis will be placed on the following areas:

#### Regularity

- ♦ Timely completions of notebooks and assignments.
- ♦ Consistency in meeting academic deadlines.

#### Classroom Engagement

- ♦ Active participant in classroom discussions and activities.

#### Self-Expressions and Confidence

- ♦ Ability to express thoughts clearly and confidently in written forms.

#### Manners and Etiquette

- ♦ Demonstration of polite behavior and respect towards peers, teachers and staff.

#### Attendance and Discipline

- ♦ Regular attendance and adherence to school rules.

#### English speaking skills

- ♦ Proficiency in spoken English including fluency, pronunciation and vocabulary.

### Grading System

Grade	Marks	C.G.P.
A1	91 - 100	10.0
A2	81 - 90	9.0
B1	71 - 80	8.0
B2	61 - 70	7.0
C1	51 - 60	6.0
C2	41 - 50	5.0
D1	33 - 40	4.0
E1	21 - 32	3.0
E2	0 - 20	2.0

## ENGLISH

Months	Literature/ Prose/Poetry (Inspire)	Vocabulary	Grammar Compacta (BBC) Literature Book (LT)	BBC Reading	Listening & Speaking	Art Integration (AI) & Cross Curriculum (CC) NO BAG DAY	21st Century Skills Mapped with SDGS (Sustainable Development Goals)	BBC Writing Literature Book (LT)
April	<p><b>L-6:</b> The Red Rice Granary</p> <p><b>Poem 1:</b> Dust of Snow</p>	<p><b>Expressions</b> <b>Word Building</b> <b>Collocations</b> <b>Adjective</b> <b>suffixes: -ive/ -</b> <b>ful/ -ic</b></p>	<p><b>Adjectives:</b> <b>Degrees of</b> <b>Comparison</b></p> <p><b>BBC: Adjectives</b> Pg: 259</p> <p><b>BBC: Adverbs</b> (Pg. 307) <b>Prepositions</b> (Pg. 363)</p>	<p><b>CA: 1,2</b> <b>HA: 1</b></p>	<p><b>People talking</b> <b>in different</b> <b>situations</b> Multiple choice Complete the expressions</p> <p><b>Eating at a</b> <b>restaurant</b> – where would you eat? Help solve a problem.</p>	<p><b>NO BAG DAY</b> <b>ACTIVITY</b></p> <p>CREATE A MODEL of a granary using grains, cardboard, fabric scraps and old newspapers in groups.</p> <p>Share you real- life ‘Dust of Snow’ experiences in class.</p>	<p><b>Reduced</b> <b>Inequalities</b> <b>(Pg.84)</b> <b>Critical Thinking</b> <b>PROMPT</b> <b>QUESTIONS</b></p> <p>i) Why did the grandparents give away their superior white rice to the poor while eating inferior red rice themselves?</p> <p>ii) How did the company employees disappoint the author?</p>	<p><b>LT: A Book</b> <b>Review Pg</b> <b>96</b></p> <p><b>BBC: Formal</b> <b>Letter</b> (Letter to the Editor (Pg.154)</p> <p><b>BBC: Speech</b> (Pg:196)</p>

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May	<b>L-1:</b> Living in a Global Village	<b>Pair Work Collocations:</b> adverb + adjective	<b>(LT)</b> Verbs: Non- finite forms  <b>BBC:</b> Verbs Pg: 271	<b>CA: 3, 4 HA: 2</b>	<b>Choosing the correct picture:</b> Multiple choice  <b>Talking about the internet:</b> Answering discussion questions	<b>Collaboration NO BAG DAY ACTIVITY-</b> DESIGN A COLLAGE depicting a global village in groups	<b>Responsible Consumption and Production (Pg.6) Brainstorming PROMPT QUESTIONS</b> i) How has technology impacted humans? ii) What are the drawbacks of living in a global village?	<b>LT:</b> Writing A Diary Entry Pg 18 &19  <b>BBC:</b> Diary Entries (Pg:68)
<b>REVISION &amp; MAY UNIT TEST</b>								
July	<b>L-3:</b> Reach for the Sky	<b>Expressions from the text Expressions make/take</b>	<b>(LT)</b> Present Perfect and Present Perfect Continuous	<b>CA: 5, 6 HA: 3</b>	<b>Physical Activities:</b> Multiple matching, Choosing options	<b>CHARACTER HOT SEATA</b> student will sit on the hot seat as Sky Brown,	<b>Gender Equality (Pg.36) Growth Mindset PROMPT QUESTIONS</b>	<b>LT:</b> Writing an informal email Pg 48 <b>BBC:</b> Email (Pg:164)

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July	<b>L-4:</b> To the Future	<b>Phrasal verbs:</b> <b>up/on</b> <b>Prefixes:</b> un- /in-  <b>Similar or opposite</b> <b>Phrasal Verbs:</b> <b>over/through</b> <b>Noun suffix:</b> <b>-ation</b>	<b>BBC:</b> Present Tense Pg.279 to Pg.289  <b>(LT)</b> Past Perfect and Past Perfect Continuous  <b>BBC:</b> Past Tense Pg. 290 to Pg. 299		<b>Sport:</b> Comparing pictures  <b>Poem from Luke and Myla</b> Poem completion  <b>Choosing an activity</b> Comparing pictures	to answer classmates' questions in character.  <b>NO BAG DAY ACTIVITY:</b> STREET PLAY on 'Save Our Planet'	i) How is Sky Brown's journey an inspiration for young girls?  ii) How does the story portray Sky Brown as a symbol of breaking gender norms in male dominated society?  <b>Climate Action (Pg 52) Problem Solving PROMPT QUESTIONS</b> i) Why does Myla emphasize planting trees?  ii) If you had joined Myla and Luke on Mars, what one change would you suggest for the future?	<b>LT:</b> Writing an argumentative essay Pg. 64 <b>BBC:</b> Informal Letter (Pg:114)

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August	<p><b>L-2:</b> Fish in a Tree</p> <p><b>Poem-2:</b> Songs for the People</p>	<p>Words with more than one meaning <b>Word building</b> <b>Expressions:</b> eye and hand <b>Noun suffixes:</b> -or/-er <b>Phrasal Verbs:</b> stand/ fall</p>	<p>(LT) Active and Passive Voice</p> <p><b>BBC:</b> Voice Pg:331</p> <p><b>BBC: Determiners</b> (Pg. 243)</p>	<p><b>CA: 7, 8</b> <b>HA: 4</b></p>	<p>People talking in different situations: Multiple choice</p> <p><b>Talking about school and life:</b> Answering discussion questions</p>	<p><b>NO BAG DAY ACTIVITY</b> <b>Experiential Learning</b> <b>STRENGTH FISH MOSAIC</b>-Students will cut fish shapes from coloured paper and write one personal strength on their cutout. Thereafter, they will paste their fish cutout onto a large tree outline on the flannel board, sharing a quick sentence about that strength aloud.</p>	<p><b>Quality Education (Pg.20)</b> <b>Collaboration PROMPT QUESTIONS</b> i) Why did Mr. Daniels talk about famous personalities in the class? ii) How can education help students overcome personal challenges?</p>	<p><b>LT:</b> Writing a formal letter Pg 32 &amp;33 <b>BBC:</b> Formal Letter to the Principal(Pg: 139)</p> <p><b>BBC:</b> Debate (Pg:210)</p>
Sept.	<b>REVISION &amp; 1st TERM EXAMINATION</b>							

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Oct.	<p><b>L-5:</b> A Writer's Nightmare</p> <p><b>L-10:</b> Volunteering for Orangutans</p>	<p><b>Synonyms Antonyms Expressions</b></p> <p><b>Expressions from the text Verb prefixes: en-/ un-/ re- Phrasal Verbs down/off</b></p>	<p><b>(LT)</b> Future Perfect and Future Perfect Continuous</p> <p><b>BBC:</b> Future Tense Pg: 300-306</p> <p><b>(LT)</b> Direct and Indirect Speech</p> <p><b>BBC:</b> Speech Pg. 345</p>	<p><b>PA: 1, 2 HA: 6</b></p>	<p><b>The National Youth Theatre</b> Multiple choice</p> <p><b>Talking about yourself</b> An interview</p> <p><b>Announcement at a safari park</b> Multiple choice</p> <p><b>Choosing an class activity</b> Help solve a problem</p>	<p><b>CHARACTER HOT SEAT</b> One student will sit in the hot seat as a writer and answer the questions of students related to pros and cons of being a writer.</p> <p><b>NO BAG DAY ACTIVITY DEBATE</b> on Animal Sanctuaries vs. Zoos</p>	<p>Peace, Justice and Strong Institutions (Pg.66)</p> <p><b>Communication PROMPT QUESTIONS</b> i) Do you think it is fair to put a curb on what others write or think? ii) Do rules make institutions stronger or weaker?</p> <p>Life on Land (Pg. 148) <b>Brainstorming PROMPT QUESTIONS</b></p>	<p><b>LT:</b> Writing a Notice Pg. 80</p> <p><b>BBC:</b> Notice Writing (Pg:66)</p> <p><b>LT:</b> Writing a story Pg. 160</p> <p><b>BBC:</b> Short Story (Pg: 220)</p>



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Jan.	<b>L-9:</b> Flying High  <b>Poem 4:</b> Wordygurdy boom!	<b>Expressions from the text Binomials with: and Synonyms Expressions</b>	<b>(LT)</b> Clauses and Phrases	<b>PA: 5, 6 HA: 7</b>	<b>People talking in different situations</b> Multiple choice  <b>Plans for the future</b> Making a decision	<b>NO BAG DAY ACTIVITY GROUP DISCUSSION</b> on 'Fear stops us from flying high or teaches us how to fly better'.	<b>Decent Work and Growth</b> Pg. 134 <b>Communication PROMPT QUESTIONS</b> i) If you had the chance to follow your passion and build a successful career like the pilot in the lesson, what would you choose and why? ii) Discuss your experience of any adventure sport in the class.	<b>LT: Writing a discursive essay</b>
Feb.	<b>L-7:</b> It's Time to Power Our Cities the Clean Way	<b>Phrases Word Building Phrasal Verbs: in/out Collocations</b>	<b>(LT)</b> Conjunctions  <b>BBC:</b> Conjunctions Pg.393	<b>PA: 7, 8 HA: 8</b>	<b>School trips</b> Multiple matching Complete the phrase <b>People in cities</b> Comparing pictures	<b>NO BAG DAY ACTIVITY NATURE WALK</b> to clean your surroundings.	<b>Affordable And Clean Energy (Pg.100) Problem Solving PROMPT QUESTIONS)</b> i) List three ways of reducing energy use. ii) Suggest some ways to reduce pollution.	<b>LT: Writing an Article Pg.114 BBC: Article Writing (Pg:178)</b>
March	<b>FINAL EXAMINATION</b>							

## HINDI

महीना	पाठ्य पुस्तक	व्याकरण	पठन योग्यता	रचनात्मक लेखन	गतिविधियाँ	अन्य विषयों के साथ तालमेल	चिन्तन एवं कल्पना शक्ति
अप्रैल	पाठ-1 मंज़िल पर बढ़ने वालों को  पाठ-2 हंस और कौआ	भाषा, लिपि ,बोली और व्याकरण वर्ण विचार संज्ञा  लिंग (पृ:97-98) वचन (पृ:103-104) उपसर्ग	अपठित गद्यांश पृष्ठ 198 कार्य पत्रिका	अनुच्छेद लेखन	पाठ के अनुरूप स्वतंत्रता सेनानियों का एक चार्ट तैयार कीजिए।	जीवन की कठिनाइयों, बाधाओं और दुखों से वीरतापूर्वक जूझना सीखना।  अपनी गलती को स्वीकार करने की सीख लेना है।	अपनी मंज़िल को सफलतापूर्वक पाने के लिए किन गुणों का होना आवश्यक है।  क्या होता अगर कौआ इस घटना को अन्य पक्षियों को समझाता।
मई	पाठ-3 मन जीते जग जीते	अनेक शब्दों के लिए एक शब्द (1-25) पृ: 41 पर्यायवाची शब्द (बकरा-किनारा), विलोम शब्द (1-25)	अपठित गद्यांश पृष्ठ 199 कार्य पत्रिका	औपचारिक पत्र	स्वस्थ प्रतियोगिता के गुणों पर चार्ट तैयार कीजिए।	समाज में व्याप्त ऊँच-नीच, अमीरी-गरीबी आदि की भावना को दूर करना।	प्रतियोगिता के माध्यम से हम स्वयं को दूसरों की तुलना में श्रेष्ठ बनाने का प्रयास करते हैं। कैसे ?
<b>प्रथम इकाई परीक्षा</b>							

## HINDI

महीना	पाठ्य पुस्तक	व्याकरण	पठन योग्यता	रचनात्मक लेखन	गतिविधियाँ	अन्य विषयों के साथ तालमेल	चिन्तन एवं कल्पना शक्ति
जलाई	पाठ-4 नाम की इच्छा	कारक सर्वनाम प्रत्यय विलोम शब्द (अकर्मक-कर्कश)	अपठित गद्यांश पृष्ठ 200 कार्य पत्रिका	चित्र वर्णन		दमित इच्छाओं का अनुचित लाभ उठाने वालों से सचेत करना।	आपके विचार में अखबार में नाम आने के कौन-कौन से कारण होने चाहिए? सूची बनाइए।
	पाठ-5 पहले अपना अध्ययन करो	विशेषण क्रिया काल			देश और समाज के प्रति कर्तव्यों पर कक्षा में परिचर्चा करें।	जीवन को कठोर परिश्रम और संघर्ष से जोड़ना।	आजकल हम दूसरों में दोष देखते रहते हैं जबकि अनेक दोष हमारे अंदर भी है क्या आप इस बात से सहमत हैं?
अगस्त	पाठ-6 बूंदी  पाठ-8 विश्वराज्य	अव्यय विराम चिह्न मुहावरे (1-15) संधि (स्वर)	अपठित गद्यांश पृष्ठ 201 कार्य पत्रिका	विज्ञापन लेखन	अतुल्य भारत पर चार्ट तैयार कीजिए।	एतिहासिक और पुरात्व संबंधित शब्दावली से परिचित करवाना।  वर्तमान समय के देश की सीमाओं की जानकारी देना।	आज भी संग्रहालय, एतिहासिक इमारतें आदि इतिहास की व्याख्या करते हैं। इस पर अपने विचार लिखिए।  देश प्रेम संबंधी कविताओं का संकलन लिखिए।
सितंबर	<b>अर्धवार्षिक परीक्षा</b>						

## HINDI

महीना	पाठ्य पुस्तक	व्याकरण	पठन योग्यता	रचनात्मक लेखन	गतिविधियाँ	अन्य विषयों के साथ तालमेल	चिन्तन एवं कल्पना शक्ति
अक्टूबर	पाठ-9 रंगोली  पाठ-10 रोबोट और कृत्रिम बुद्धि  पाठ- 11 आर्ट का पुल	श्रुतिसम भिन्नार्थक शब्द (1-15) अनेक शब्दों के लिए एक शब्द (26-50) पृ: 42 विलोम शब्द (कुटिल-दुर्गम)  पर्यायवाची शब्द (नौकर-व्याधि)	अपठित गद्यांश पृष्ठ 202 कार्य पत्रिका	संवाद लेखन	प्रकृति-संरक्षण पर 5 स्लोगन लिखिए।	विभिन्न प्रांतों के रंगोली पैटर्न के बारे में जानकारी देना।  जीवन में परिश्रम का महत्व बताना।  हमारे देश के प्राचीन काल के ग्रामों की जानकारी देना।	हमारे जीवन में पर्व-त्योहार और विभिन्न कलाएँ नहीं होती तो? क्या होता?  मनुष्य द्वारा बनाए गए यंत्र यदि मनमानी करने लग जाए तो क्या-क्या हो सकता है?  दिशाहीन विकास ने प्रकृति के मूल स्वरूप को खत्म कर दिया है क्या आप इस बात से सहमत हैं?
नवंबर	पाठ-12 जीवन सत्य	शब्द व वाक्य रचना संबंधी अशुद्धियाँ	अपठित पद्यांश पृष्ठ 203 कार्य पत्रिका	सूचना लेखने	कबीर के दोहों को याद करके कक्षा में सुनाए।	जीवन के नैतिक मूल्यों के बारे में बताना।	यदि आप अध्यापक होते तो छात्रों को जीवन में सही मार्ग पर चलने के लिए कैसे समझाते ?

## HINDI

महीना	पाठ्य पुस्तक	व्याकरण	पठन योग्यता	रचनात्मक लेखन	गतिविधियाँ	अन्य विषयों के साथ तालमेल	चिन्तन एवं कल्पना शक्ति
नवंबर जारी है..	पाठ-13 इस्तीफ़ा	मुहावरे (16-24) शब्द व पद			प्रेमचंद की कहानी और उपन्यास पर एक चार्ट तैयार कीजिए।	जीवन में कर्मचारी की स्थिति के बारे में जानकारी देना।	अन्याय को सहना अन्याय का साथ देना है— आप इस बारे में क्या सोचते हैं ?
दिसंबर	<b>दूसरी इकाई परीक्षा</b>						
जनवरी	पाठ-14 सिनेमा का स्वप्नलोक	लोकोक्तियाँ (1-18) तत्सम-तद्भव (रात्रि-गृद्ध)	अपठित पद्यांश पृष्ठ 204 कार्य पत्रिका	ई-मेल लेखन		आज का सिनेमा हमारे यथार्थ जीवन का सहयात्री बन गया है। इस की जानकारी देना।	सिनेमा में हमारी संस्कृति की झलक कैसे मिलती है ?
फरवरी	पाठ-16 तुम्हीं मिटाओ मेरी उलझन				मातृ प्रेम, ममता व वात्सल्य पर चर्चा कीजिए।	बच्चे के जीवन में माँ के महत्व को बताना।	क्या अनाथ आश्रम पले-बढ़े बच्चों का मानसिक व शारीरिक विकास माता-पिता की देख रेख में पले बच्चों जैसा ही होता होगा ?
मार्च	<b>वार्षिक परीक्षा</b>						

## PUNJABI

ਮਹੀਨਾ	ਪਾਠ ਪੁਸਤਕ (ਨਿਹਾਲ)	ਵਿਆਕਰਨ	ਲਿਖਣ ਕੌਸ਼ਲ/ਪੜ੍ਹਨ ਕੌਸ਼ਲ	ਕਲਾਤਮਕ ਕਾਰਜ / ਜੀਵਨ ਕੌਸ਼ਲ ਅਤੇ ਜੀਵਨ ਮੁੱਲ
ਅਪ੍ਰੈਲ	ਪਾਠ-1 ਸਤਿਗੁਰੂ ਨਾਨਕ ਪ੍ਰਗਟਿਆ ਪਾਠ-2 ਜਨਮਦਿਨ	ਲਿੰਗ (ਪੰਨਾ-38-39) ਵਚਨ (ਪੰਨਾ-48-49) ਮੁਹਾਵਰੇ ਓ, ਅ	ਅਣਡਿੱਠਾ ਪੈਰਾ, ਪੰਜਾਂ ਪਿਆਰਿਆਂ ਦੇ ਨਾਮ, ਚਾਰ ਸਾਹਿਬਜ਼ਾਦਿਆਂ ਦੇ ਨਾਮ।	ਸ੍ਰੀ ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਜੀ ਦੇ ਜੀਵਨ ਨਾਲ ਸੰਬੰਧਿਤ ਸਾਖੀ ਸੱਚਾ ਸੌਦਾ ਨੂੰ ਕਹਾਣੀ ਦੇ ਰੂਪ ਵਿੱਚ ਲਿਖੋ।
ਮਈ	ਪਾਠ-3 ਤਾਰਿਆਂ ਤੋਂ ਅੱਗੇ	ਸ਼ਬਦ ਜੋੜ (ਪੰਨਾ- 131) ਵਿਰੋਧੀ ਸ਼ਬਦ (ਪੰਨਾ-148)	ਚਿੱਤਰ ਵਰਨਣ, ਸਕੂਲ ਨਾਲ ਸੰਬੰਧਿਤ ਅਰਜ਼ੀਆਂ।	ਜੀਵਨ ਵਿੱਚ ਕਾਮਯਾਬੀ ਲਈ ਆਪਣੀ ਮੰਜ਼ਿਲ ਪ੍ਰਾਪਤ ਕਰਨ ਲਈ ਜਮਾਤ ਵਿੱਚ ਆਪਣੇ ਜਮਾਤੀਆਂ ਨਾਲ ਚਰਚਾ ਕਰੋ।
ਜੁਲਾਈ	ਪਾਠ-4 ਨਵੀਂ ਸਵੇਰ ਪਾਠ-5 ਉਮੀਦਾਂ ਦੀ ਖਿੜਕੀ	ਵਿਸ਼ੇਸ਼ਣ ਸਮਾਨਾਰਥਕ ਸ਼ਬਦ (ਪੰਨਾ-119-120)	ਲੇਖ - ਸ੍ਰੀ ਗੁਰੂ ਗੋਬਿੰਦ ਸਿੰਘ ਜੀ, ਵਿਸਾਖੀ ਦਾ ਮੇਲਾ	ਕੀ ਤੁਸੀਂ ਕਦੇ ਕਿਸੇ ਦਾ ਸਹਾਰਾ ਬਣੇ ਹੋ? ਜੇਕਰ ਬਣੇ ਹੋ ਤਾਂ ਕਿਵੇਂ? ਲਿਖੋ।
ਅਗਸਤ	ਪਾਠ-6 ਵਿਸ਼ਵਾਸ ਅਤੇ ਆਤਮ-ਵਿਸ਼ਵਾਸ ਪਾਠ-7 ਦਇਆ, ਸੇਵਾ ਅਤੇ ਨਿਮਰਤਾ ਦੇ ਪੁੰਜ - ਭਾਈ ਘਨੱਈਆ ਜੀ	ਅਗੇਤਰ (ਪੰਨਾ-108-109) ਇੱਕ ਸ਼ਬਦ (ਪੰਨਾ-125)	ਲੇਖ - ਪੰਦਰਾਂ ਅਗਸਤ	ਤੁਸੀਂ ਸਭ ਤੋਂ ਵੱਧ ਭਰੋਸਾ ਕਿਸ ਤੇ ਕਰਦੇ ਹੋ ਤੇ ਕਿਉਂ? ਲਿਖੋ। ਆਤਮ ਵਿਸ਼ਵਾਸ ਦੇ ਮਹੱਤਵ ਨੂੰ ਦਰਸਾਉਂਦੀ ਕੋਈ ਕਵਿਤਾ ਲਿਖੋ।
ਸਤੰਬਰ	<b>ਦੁਰਾਈ ਅਤੇ ਛਿਮਾਰੀ ਪ੍ਰੀਖਿਆ</b>			
ਅਕਤੂਬਰ	ਪਾਠ-9 ਸਿੱਠਾ ਫਲ	ਲਿੰਗ (ਪੰਨਾ-40-41)	ਚਿੱਤਰ ਵਰਨਣ	ਆਪਣੇ ਦੋਸਤਾਂ ਦੀ ਸਹਾਇਤਾ ਨਾਲ ਪੰਜਾਬ ਦੇ ਵੱਖ-ਵੱਖ ਲੋਕ ਗੀਤਾਂ ਦੀ ਸੂਚੀ ਬਣਾਓ।

## PUNJABI

ਮਹੀਨਾ	ਪਾਠ ਪੁਸਤਕ (ਨਿਹਾਲ)	ਵਿਆਕਰਨ	ਲਿਖਣ ਕੌਸ਼ਲ/ਪੜ੍ਹਨ ਕੌਸ਼ਲ	ਕਲਾਤਮਕ ਕਾਰਜ / ਜੀਵਨ ਕੌਸ਼ਲ ਅਤੇ ਜੀਵਨ ਮੁੱਲ
ਅਕਤੂਬਰ ਜਾਰੀ ਹੈ...	ਪਾਠ-10 ਪੰਜਾਬਣਾਂ ਦੀ ਸ਼ਾਨ: ਗਿੱਧਾ	ਵਚਨ (ਪੰਨਾ-50-51 ) ਮੁਹਾਵਰੇਬ, ਸ, ਹ	ਦਸਾਂ ਗੁਰੂਆਂ ਦੇ ਨਾਮ	
ਨਵੰਬਰ	ਪਾਠ-12 ਪੰਜਾਬੀ ਸ਼ੇਰਾ ਪਾਠ-13 ਨਵੀਂ ਸੋਚ	ਸ਼ਬਦ ਜੋੜ (ਪੰਨਾ-132-133) ਵਿਰੋਧੀ ਸ਼ਬਦ (ਪੰਨਾ-149)	ਚਿੱਠੀ ਪੱਤਰ ਅਣਡਿੱਠਾ ਪੈਰੂ	ਕਿਸਾਨ ਖੇਤਾਂ ਵਿੱਚ ਕਿਹੜੀਆਂ-ਕਿਹੜੀਆਂ ਫਸਲਾਂ ਉਗਾਉਂਦਾ ਹੈ? ਉਹਨਾਂ ਦੀ ਸੂਚੀ ਤਿਆਰ ਕਰੋ। ਆਪਣੇ ਦੋਸਤਾਂ ਨਾਲ ਮਿਲ ਕੇ ਪਾਣੀ ਬਚਾਉਣ ਦੇ ਤਿੰਨ ਤਰੀਕੇ ਲਿਖੋ।
ਦਸੰਬਰ	ਪਾਠ-14 ਸ਼ੀਸ਼ਾ	ਪਿਛੇਤਰ (ਪੰਨਾ- 110-111) ਸਮਾਨਾਰਥਕ ਸ਼ਬਦ (ਪੰਨਾ-121-122) ਇੱਕ ਸ਼ਬਦ (ਪੰਨਾ- 126)	ਲੇਖ - ਮੇਰੇ ਜੀਵਨ ਦਾ ਉਦੇਸ਼, ਹੌਲੀ	ਆਪਣੇ ਦੋਸਤਾਂ ਦੀ ਸਹਾਇਤਾ ਨਾਲ ਪੁਰਾਤਨ ਵਸਤਾਂ ਦੀ ਸੂਚੀ ਬਣਾਓ।
ਜਨਵਰੀ	ਪਾਠ-15 ਰੱਖੜੀ ਪਾਠ-17 ਬਜ਼ੁਰਗਾਂ ਦੀ ਛਾਂ	ਕਿਰਿਆ	ਲੇਖ - ਚੰਗੇ ਵਿਦਿਆਰਥੀ ਦੇ ਗੁਣ	ਘਰੇਲੂ ਚੀਜ਼ਾਂ ਦੀ ਵਰਤੋਂ ਕਰਕੇ ਆਪਣੇ ਸੋਹਣੇ ਭਰਾ ਦੇ ਲਈ ਇੱਕ ਰੱਖੜੀ ਬਣਾਓ।
ਫਰਵਰੀ	<b>ਦੁਹਰਾਈ ਅਤੇ ਦੂਜੀ ਛਿਮਾਰੀ ਪ੍ਰੀਖਿਆ</b>			

# MATHS

Months	Topics	Experiential Learning	Critical Thinking/ Challenges	Cross Curricular/ Art Integration	Real-Life Connect	Project
March/ April	<b>Ch.1</b> Large Numbers Around Us	Teams explore Distances between places or sizes in planets.	Analyzing and finding solution through case studies based on presenting a budget with given amount.	Create a mural representing large numbers (like population, distances)	Calculating large amounts (like grocery bills budgets).	DIY: Plot large numbers on a timeline (historical events, future projections).
	<b>Ch-8</b> Working with Fractions	Draw map of fraction for multiply and divide with	Students will be provided with some situations to understand the fractional distribution	Pattern blocks (create shapes with fractions)	Explore and apply fractions as ratios and in decimals	A wall will be constructed with coloured paper strips showing fractions of different lengths to compare sizes visually.
	<b>Ch-7</b> A Tale of Three intersecting lines	To inculcate the sense of drawing skills among the students.	This chapter will foster the hand and mind coordination of the students.	Ask the students to perform LINE ART.	Students can draw the faces walls or even a sketch of a building getting the ideas of practical geometry.	Prepare a LINE DRAWING ART on A4 sheet.
May	<b>Ch-5</b> Parallel and intersecting Lines	Understanding will be done by using paper folding to create creases.	Discussion will be done on difference between parallel and intersecting lines based on real life objects.	Students create geometric designs using parallel and intersecting lines and then labelling and colouring will be done.	List objects around in class (windows, books, rulers) and classify their edges as parallel or intersecting.	Students sketch streets, marking parallel and intersecting lines.

MAY UNIT TEST

## MATHS

Months	Topics	Experiential Learning	Critical Thinking/ Challenges	Cross Curricular/ Art Integration	Real-Life Connect	Project
July	Ch-2 Airthmetic Expressions	Number line challenges, Maths Bingo and shopping	Number sequence and patterns	Collecting data of science like temperature and presenting graphically.	Farmers calculate average crop yield per acre to estimate production.	<b>Model:</b> Collect leaves or petals, paste them on a chart, and make a central "mean leaf" of average size using cardboard.
	Ch-6 Number Play	To obtain correlation on the concept of relation between alphabets and numbers together.	To enhance the reasoning ability and coding skills of the students.	Solving CRYPTARITHMS puzzles USING LETTERS  To encourage the students to build a simple PYTHON program with the help of coding and computing.	Encrypting and decrypting the codes, thus understanding the concept of QR code.	Forming of numbers using clay, sticks or threads then decorate them.
August	Ch-3 A Peak Beyond The Point	To buy items with given budget (using decimal amounts. Create a maze with decimal operations (+, -)	Discussion will be done on the price Rs 99.99 instead of Rs100.	Illustrate a "Decimal Story" (like a cat eating 2.75 fish).	Collecting data of temperature for specified dates and find the difference between maximum and minimum.	DIY: Make a "Decimal Wheel" showing equivalents (fractions, percentages).

# MATHS

Months	Topics	Experiential Learning	Critical Thinking/ Challenges	Cross Curricular/ Art Integration	Real-Life Connect	Project
<b>August contd...</b>	<b>Ch-4</b> Expressions Using Letter-Numbers	To build the sense of relation between variables and constants.	These simple basics operators of algebra helps to level up the higher order algebraic equations.	Using coloured papers, glue, sketch pens and geometry box to prepare strips to show algebraic expressions.	To brief the students about the equations of recipe's ingredients uses different algebraic equations.	Mix numbers, variables and symbols with magazine cutouts to make a visually striking collage.
<b>I-TERM EXAMINATION</b>						

## SCIENCE

Months	Chapter	Art-Integration	Enrichment Activity	Application & Life Skill
April	<b>Ch-1</b> The Ever Evolving World of Science  <b>Ch-9</b> Life Processes in Animals	<ul style="list-style-type: none"> <li>The Human Digestive System</li> <li>Human Respiratory System</li> <li>Mechanism of breathing in Human Beings</li> </ul>	<ul style="list-style-type: none"> <li>To show effect of saliva on starch.</li> <li>To make a working model of the lungs.</li> <li>To show that carbon dioxide is released during respiration.</li> <li>Observing the surroundings.</li> </ul>	<ul style="list-style-type: none"> <li>Explore how termites and ant-eater gets their nutrition.</li> <li>Research how yoga can increase your lung capacity.</li> </ul>
May	<b>Ch-7</b> Heat Transfer in Nature	<ul style="list-style-type: none"> <li>Sea Breeze and Land Breeze</li> <li>Water Cycle</li> </ul>	<ul style="list-style-type: none"> <li>To understand heat transfer in metals.</li> <li>To understand the accumulation of heat in wood.</li> <li>To observe the rising of warm air.</li> <li>To observe convection currents in liquid.</li> <li>To understand radiation.</li> <li>To find out about cooling and heating of water and sand under the sun.</li> </ul>	<ul style="list-style-type: none"> <li>Research how animals living in colder area keep themselves warm.</li> <li>Explore how do birds trap air to stay warm in winter.</li> </ul>
<b>UNIT TEST-I EXAMS</b>				
July	<b>Ch-4</b> The world of Metals and Non-metals	<ul style="list-style-type: none"> <li>To draw the table of elements and their symbols</li> </ul>	<ul style="list-style-type: none"> <li>To study the malleability and other properties of some materials.</li> <li>To check sonority of substances.</li> <li>To find out the heat conductivity of different materials.</li> </ul>	<ul style="list-style-type: none"> <li>Explore why are bells made up of aluminium or copper but not the coal (carbon).</li> <li>Research how does a blacksmith shape hot iron.</li> </ul>

# SCIENCE

Months	Chapter	Art-Integration	Enrichment Activity	Application & Life Skill
July contd...	<b>Ch-12</b> Earth, Moon and the Sun	<ul style="list-style-type: none"> <li>Solar and Lunar Eclipse</li> </ul>	<ul style="list-style-type: none"> <li>To identify which material allows electricity to pass through it.</li> <li>To learn about rusting of iron.</li> <li>To study the effect of air and water on magnesium metal.</li> <li>To observe the reaction of Sulphur with air.</li> <li>Discuss the behaviour of Sulphur and Phosphorous.</li> <li>To understand the rotation of the Earth with the help of a globe.</li> <li>To observe constellation.</li> <li>To study the process of solar eclipse.</li> </ul>	<ul style="list-style-type: none"> <li>Explore why festivals align with moon phases (Diwali on new moon).</li> <li>Research why does the pole star seem to stay on the same spot.</li> </ul>
August	<b>Ch-2</b> Exploring substances : Acidic, Basic and Neutral  <b>Ch-10</b> Life Processes in Plants	<ul style="list-style-type: none"> <li>Tabulate the effect of different indicators on acidic and basic substances.</li> <li>Process of Photosynthesis.</li> <li>Stomata</li> </ul>	<ul style="list-style-type: none"> <li>To find out the nature of various substances using litmus paper, red rose, turmeric solution, olfactory indicators.</li> <li>To learn about neutralization reaction.</li> <li>To test for the presence of starch in a leaf.</li> <li>To show that carbon dioxide, sunlight, chlorophyll is necessary for photosynthesis.</li> </ul>	<ul style="list-style-type: none"> <li>Research the type of insects that release an acidic substance when bites. Explore the natural remedies.</li> <li>Research the advantages and disadvantages of fertilizers used by farmers.</li> </ul>

# SCIENCE

Months	Chapter	Art-Integration	Enrichment Activity	Application & Life Skill
August contd...			<ul style="list-style-type: none"> <li>To observe stomata under the microscope.</li> <li>To show conduction of water from roots to leaves.</li> <li>To confirm that plants also respire.</li> </ul>	<ul style="list-style-type: none"> <li>Explore how did the plant survive without leaves when a goat eats away all the leaves of the small plant.</li> </ul>
Sept.	<b>TERM-I EXAMINATION (HALF YEARLY)</b>			
Oct.	<p><b>Ch-3</b> Electricity: circuits and their components</p> <p><b>Ch-6</b> Adolescence: A Stage of Growth and Change</p>	<ul style="list-style-type: none"> <li>Symbols of electric circuit</li> <li>Simple electric circuit.</li> <li>Tabulate the changes in boys and girls during adolescence.</li> </ul>	<ul style="list-style-type: none"> <li>To study a torch, dry cell, electric switch, incandescent bulb, LED, electric circuit.</li> <li>To find substances allow the passage of electric current.</li> <li>To spread awareness about cyber bullying.</li> <li>To discuss emotional and behavioural changes in adolescents.</li> <li>To learn about the nutrition content in locally available food items.</li> </ul>	<ul style="list-style-type: none"> <li>Make an electric fuse and explore how does fuse protect an electric circuit.</li> <li>Research the importance of hygiene and balanced diet for physical and mental health during teenage years.</li> </ul>
Nov.	<b>Ch-11</b> Light: Shadows and Reflections	<ul style="list-style-type: none"> <li>Formation of shadow</li> <li>Pinhole camera</li> </ul>	<ul style="list-style-type: none"> <li>To show that light travels in a straight line.</li> <li>To understand the passage of light through different materials.</li> <li>To study the reflection of light by a plane mirror.</li> <li>To learn the functioning of a Pinhole camera.</li> <li>To make periscope, Kaleidoscope.</li> </ul>	<ul style="list-style-type: none"> <li>Explore how does sundial work in Jantar Mantar.</li> <li>Research the function of Periscope in a submarine.</li> </ul>

DECEMBER - UNIT TEST-II EXAM

# SCIENCE

Months	Chapter	Art-Integration	Enrichment Activity	Application & Life Skill
Jan.	<p><b>Ch-5</b> Changes Around Us: Physical and Chemical</p> <p><b>Ch-8</b> Measurement of Time and Motion.</p>	<ul style="list-style-type: none"> <li>• Tabulate the difference between Physical and Chemical changes.</li> <li>• Tabulate the different types of clock and their working principle</li> </ul>	<ul style="list-style-type: none"> <li>• #To observe changes in substances.</li> <li>• #To observe the formation of gas in a reaction.</li> <li>• #To understand chemical change.</li> <li>• #To find out if oxygen is essential for combustion.</li> <li>• #To explore the burning of a candle.</li> <li>• To construct a water clock.</li> <li>• To measure the time period of a simple pendulum.</li> <li>• To calculate the speed of a train from the train time table.</li> </ul>	<ul style="list-style-type: none"> <li>• Prepare a working model of Volcano and explore the chemical reaction.</li> <li>• Research about biological processes in the body of animal that are nearly periodic.</li> </ul>
<b>TERM-II (FINAL EXAMINATION)</b>				

## SOCIAL SCIENCE

Months	Topics	Map Work	Project	Integration with other Subjects	Value and Life Skills
April	<p><b>Ch-1</b> Geographical Diversity of India</p> <p><b>Ch-9</b> From the Rulers To The Ruled: Types Of Government</p> <p><b>Worksheet-3</b></p>	On the Political Map of India, Mark and label the Himalayas, The Thar Desert, The Peninsular Plateau and The Andaman And Nicobar Islands.	<ul style="list-style-type: none"> <li>• Diorama Models Build a shoe box scene for one region to show scale and life.</li> <li>• Himalayas: Layer cotton for snow, add toy yaks and apple orchards; explain wind protection.</li> <li>• Thar Desert: Sand, camels, solar panels; note water scarcity adaptations.</li> <li>• Coastal Kerala: Backwaters with boats, coconut palms; depict monsoon fishing.</li> </ul>	<b>Integration with Art</b> Colourful Brochure-Students will make colourful Brochure on different landforms of India.	Students will develop respect for diversity in environmental awareness and practice life skills needed for responsible citizenship.
May	<b>Ch-11</b> From Barter to Money	On world map, mark the countries with democratic form of government and monarchy government.	<ul style="list-style-type: none"> <li>• Make a flow chart on Evolution of money.</li> </ul>	<b>Integration with Maths</b> Design a new rupees 100 note that highlights a famous heritage site or a festival from your state.	The shift from barter to money teaches cooperation, fair exchange, adaptability, decision-making, and basic financial awareness needed for managing resources wisely in daily life.
<b>UNIT-I EVALUATION</b>					

## SOCIAL SCIENCE

Months	Topics	Map Work	Project	Integration with other Subjects	Value and Life Skills
July	Ch-5 The Rise of Empires	On Map of India, Mark Pataliputra, Taxila, Odisha, Sarnath.	Design an imaginary empire in class and decide the following-name of the empire, name of ruler, capital city, army strength, system of administration, source of income, one law of the empire etc.	<b>Integration with Economics</b> Compare how ancient empires manage resources trade administration and cultural exchange with how modern governments or organizations work.	Students will learn values like cooperation, tolerance, economic interdependence and sustainable use of resources.
August	<b>Ch-2</b> Understanding The Weather  <b>Ch-8</b> How The Land Becomes Sacred  <b>Ch-10</b> The Constitution Of India-An Introduction	Mark the Locations of Chardham Yatra on Political Map of India.  Mark five major cities and draw the weather symbols to show their weather conditions.	<b>Role Play: Voice of the Land</b> Students will imagine a sacred land speaking about its history and importance through a short skit or monologue. This makes learning imaginative and memorable.	<b>Integrating with English</b> Write a diary entry expressing your thoughts on how constitution helps to unite India's diversity of regions, cultures and traditions.	Students will understand the values of equality justice and responsible citizenship helping them to become disciplined and aware citizens.
Sept.	<b>TERM-I EXAMINATION</b>				

## SOCIAL SCIENCE

Months	Topics	Map Work	Project	Integration with other Subjects	Value and Life Skills
Oct.	<b>Ch-1</b> The Story of Indian Farming <b>Ch-2</b> India And Her Neighbours	On political map of India, mark neighbouring countries in all directions.	Create a creative poster promoting Water Conservation in agriculture.	<b>Integration with AI</b> Make a PPT on different farm activities performed by women.	Students will learn the value of responsibility and cooperation and respect towards farmers and nature.
Nov & Dec.	<b>Ch-3</b> Empires and Kingdoms: 6th To 10th Centuries <b>Ch-6</b> The State, The Government and You <b>Ch-4</b> Turning Tides: 11th and 12th Centuries	On political map of India, mark all 28 states with their capitals.	Make a PPT on role of government during floods, earthquakes or pandemics.	<b>Integration with AI</b> Design a digital poster showing how regional kingdoms, trade networks and cultural exchange helped India remain connected despite political divisions.	Students will become responsible and aware citizens. It teaches decision-making, cooperation and respect for democratic values.
<b>UNIT-II EVALUATION</b>					
Jan. & Feb.	<b>Ch-5</b> India, A Home to Many <b>Ch-7</b> Infrastructure: Engine of India's Development	Locate five international airports in India on political map of India.	Prepare a project on how transport and communication infrastructure help people during natural disasters.	<b>Integration with Art</b> Design a poster showing 'Infrastructure That Builds An Inclusive India'.	Students will understand the importance of using public facilities wisely.
March	<b>TERM-II EXAMINATION</b>				

## GENERAL KNOWLEDGE

Months	Chapters	Educational Objectives
<b>April</b>	<ol style="list-style-type: none"> <li>1. Young stars of the world</li> <li>2. Feathered friends</li> <li>3. Tech world</li> <li>4. Preventing typhoid</li> <li>5. Paper patterns</li> <li>6. Fitness adventures</li> </ol>	<ul style="list-style-type: none"> <li>• Importance of Working hard</li> <li>• Remarkable talents and uniqueness</li> <li>• Innovations to improve life</li> <li>• Precautions to avoid disease</li> <li>• Brain storming</li> <li>• Activities to improve health</li> </ul>
<b>May</b>	<ol style="list-style-type: none"> <li>7. A Salute to Patriotism</li> <li>8. Outdoor Game: Hockey</li> <li>9. Eco-friendly constructions</li> <li>10. Be positive</li> </ol>	<ul style="list-style-type: none"> <li>• Respect our heritage &amp; remember sacrifices</li> <li>• Teamwork, balance, techniques</li> <li>• Safety of environment</li> <li>• Be optimistic</li> </ul>
<b>July</b>	<ol style="list-style-type: none"> <li>11. That's The Spirit !</li> <li>12. Women at the Helm: Mangalayan</li> <li>13. Symbols of One World</li> <li>14. Endangered Animals</li> <li>15. Nature's Medicine Box</li> </ol>	<ul style="list-style-type: none"> <li>• Dedication</li> <li>• Women empowerment</li> <li>• Unity and cooperation</li> <li>• Raising awareness to save endangered animals</li> <li>• Amazing plants to keep us healthy</li> </ul>
<b>August</b>	<ol style="list-style-type: none"> <li>16. Srikanth Bolla</li> <li>17. Select Sharp</li> <li>18. Famous Environmentalists</li> <li>19. Think Before You Drink</li> <li>20. Music Festivals Around The World</li> </ol>	<ul style="list-style-type: none"> <li>• Determination &amp; Positivity</li> <li>• Logical reasoning</li> <li>• Living peacefully with nature</li> <li>• Stay hydrated-drink right</li> <li>• Festivals: a way to share love for music</li> </ul>
<b>TERM-I EVALUATION</b>		

## GENERAL KNOWLEDGE

Months	Chapters	Educational Objectives
<b>Oct.</b>	21. Lessons From Across Borders 22. Rainy Day Readiness 23. Unsung Heroes of Humanity 24. Natural Marvels 25. The Power of Teamwork	<ul style="list-style-type: none"> <li>• Compassion habit of reading, Punctuality, responsibility</li> <li>• Safety during rainy season</li> <li>• Sacrifices for society</li> <li>• Beauty of our planet</li> <li>• Teamwork</li> </ul>
<b>Nov.</b>	26. AI and Us 27. Inspiring Nobel Prize Winners 28. Must Visit Places 29. Famous Institutions of India 30. Bravery on screen 31. Underwater Plants	<ul style="list-style-type: none"> <li>• Think big and work hard</li> <li>• Motivational people</li> <li>• Magical places of the world</li> <li>• Historical significance of Indian institutions</li> <li>• Courage, Bravery, Confidence</li> <li>• Importance of under water plants</li> </ul>
<b>Dec.</b>	32. Correlation 33. Robots in Healthcare 34. Going Green 35. Great Indian Space Scientists	<ul style="list-style-type: none"> <li>• Problem Solving</li> <li>• The importance of robots</li> <li>• Grow more plants</li> <li>• Remarkable scientists</li> </ul>
<b>Jan. &amp; Feb.</b>	36. Cultural Capitals 37. Yoga 38. Mini Gadgets 39. Women In Sports 40. Kenken	<ul style="list-style-type: none"> <li>• Uniqueness of special land marks</li> <li>• The benefits of yoga</li> <li>• Small things can make big difference</li> <li>• Face challenges with dedication</li> <li>• Maths skills, brain strainer</li> </ul>
<b>March</b>	<b>TERM II EVALUATION</b> <b>Mental Aptitude, Current Affairs and Important Days worksheets will be provided every month.</b>	

# COMPUTER

Months	Chapters	Projects	Lab Activity
<b>April</b>	<b>Ch-1</b> Advanced features of Excel	-----	Create a worksheet in Microsoft Excel maintaining the records of the students and create various types of charts with proper formatting effects.
<b>May</b>	<b>Ch-3</b> Digital footprints	----- <b>MAY UNIT TEST</b>	
<b>July</b>	<b>Ch-4</b> Introduction to App Development	-----	Discussion about various mobile apps and their compatibility with various operating systems.
<b>August</b>	<b>Ch-7</b> More on Python		Practical of Python programs using Script Mode.
<b>Sept.</b>	<b>TERM-I EXAMINATION</b>		
<b>Oct.</b>	<b>Ch-5</b> Introduction to HTML and CSS	-----	Create a web page on the topic 'Tourist places of India'. Set a suitable background colour, image, font and font colour for the web page.
<b>Nov.</b>	<b>Ch-6</b> More on CSS	-----	Create a web page in html using various text and border effects.
<b>Dec.</b>	<b>DECEMBER UNIT TEST</b>		
<b>Jan.</b>	<b>Ch-8</b> Computer Vision	Discussion on Real life application of AI.	-----
<b>Feb.</b>	<b>Ch-9</b> AI in Robotics	Discussion on Robots changing our World.	-----
<b>Dec.</b>	<b>TERM-II EXAMINATION</b>		

# ART & CRAFT

Book : Wings of Art (7)

Publisher : Kirti Publications

Months	Chapter	Topic to be Covered	Craft Activity
<b>April</b>	<b>Ch-01</b> : Elements of Art <b>Ch-02</b> : Principles of Design	<ul style="list-style-type: none"> <li>• Definition &amp; Types of Lines, Colour, Form, Shape, Space and Texture by using different Line Strokes in Blending Technique</li> <li>• Definition of Proportion, Perspective and Paper Composition</li> </ul>	<ul style="list-style-type: none"> <li>• Ch-05: Art and Craft : Quilling Snail</li> <li>• Ch-14 : Poster Design on Earth Day</li> </ul>
<b>May</b>	<b>Ch-03</b> : Still Life <b>Ch-04</b> : Nature Study	<ul style="list-style-type: none"> <li>• Fruits, Vegetables and Household Objects in Colour &amp; Pencil Shading in Blending technique.</li> <li>• Different Types of Flowers &amp; Leaves Painting with Water/ Pencil / Oil Pastel Colours</li> </ul>	<ul style="list-style-type: none"> <li>• Ch-14 : Poster Design on Labour Day</li> </ul>
<b>UNIT TEST-I</b> <b>SUMMER VACATIONS : PROJECT WORK (to be submitted after Summer Vacations)</b> <b>THEME: Mosaic Art (Vases, Decorative Boxes etc. with CD &amp; Mirrors, Sequences)</b>			
<b>July</b>	<b>Ch-05</b> : Bird Study <b>Ch-06</b> : Animals Study	<ul style="list-style-type: none"> <li>• Different Types of Birds with Hatching and Cross Hatching Technique</li> <li>• Domestic and Wild Animals in different motions by using Oil Pastel strokes</li> </ul>	<ul style="list-style-type: none"> <li>• Ch-12 : Nail Art by using nail design, nail polish and nail styling all in an array of shapes, colours.</li> </ul>
<b>August</b>	<b>Ch-07</b> : Landscape <b>Ch-08</b> : Human Anatomy	<ul style="list-style-type: none"> <li>• Houses, Mountains, Waterfalls, Sceneries with Water Colour in Dry Brush Technique</li> <li>• Human Head Study, Eyes, Nose, Lips, Ears, Hands and Feet in Pencil Shading from Different angles.</li> </ul>	<ul style="list-style-type: none"> <li>• Ch-17 : Collage on Independence Day with coloured pictures tearing &amp; pasting with slogans.</li> </ul>
<b>Sept.</b>	<b>I-TERM EXAMINATION</b>		

## ART & CRAFT

Months	Chapter	Topic to be Covered	Craft Activity
<b>Oct.</b>	<b>Ch-09:</b> Sketching <b>Ch-10:</b> Portrait	<ul style="list-style-type: none"> <li>• different body gestures, movements, emotions and impressions through Figures in sitting, walking and standing style.</li> <li>• Human Face Study in Blending technique with colours &amp; Stippling Technique Black gel pen.</li> </ul>	<ul style="list-style-type: none"> <li>• Ch-11: Making Paper People by using Colourful Papers and Waste Cloth.</li> </ul>
<b>Nov.</b>	<b>Ch-11:</b> Composition <b>Ch-13:</b> Cartoon Character	<ul style="list-style-type: none"> <li>• Village Scene, Festivals, Folk Dance and occasions etc. (Any one).</li> <li>• Drawing Caricatures with Coloured Sketch Penn different Human &amp; Comic characters etc. in Monochromatic Technique.</li> </ul>	<ul style="list-style-type: none"> <li>• Ch-17 : Frame your memories with pasta.</li> </ul>
<b>Dec.</b>	<b>UNIT-TEST-II</b> <b>WINTER VACATIONS : PROJECT WORK (to be submitted after Winter Vacations)</b> <b>THEME: Gift Wrapping (with Best out of Waste Materials)</b>		
<b>Jan.</b>	<b>Ch-15:</b> Folk Art <b>Ch-16:</b> Calligraphy	<ul style="list-style-type: none"> <li>• Madhubani Paintings, Indian Traditional Art, Mandala Art &amp; Warli Art in Colours (Any one).</li> <li>• Slogan Writing, Inspirational Quotes on any Topic with Dip Pen technique/ Brush Pen etc.</li> </ul>	<ul style="list-style-type: none"> <li>• Ch-14 : New Year Greeting Card making.</li> </ul>
<b>Feb.</b>	<b>Ch-18:</b> Legendary Artists <b>Ch-19:</b> Glossary	<ul style="list-style-type: none"> <li>• Famous Indian Artist's Brief profile and their Great art work. Question and Answers writing.</li> <li>• Explanation of technical terms and definitions of different tools and techniques used while Drawing and Painting.</li> </ul>	
<b>March</b>	<b>II-TERM EXAMINATION</b>		

## PHYSICAL EDUCATION

Months	Minor Games & Physical Activities	Outdoor Activities / Games
April	Techniques of Running, Chess, Carrom	Handball, Cricket
May	Hurdles, Table Tennis	Basketball, Cricket
<b>FIRST UNIT TEST</b>		
July & Aug.	Techniques of Throwing	Inter-House Matches, March Past, Football
<b>TERM-I EXAMINATION</b>		
Oct.	Races – Zig-Zag Running, Relay, Hopping	Throw Ball, Handball, Basketball, Football
Nov.	Techniques of Badminton	Volleyball, Annual Sports Day
<b>SECOND UNIT TEST</b>		
Dec.	March Past, First Aid Training, Table Tennis	Badminton, Athletics, Field Events
Jan.	Practice of Sports Day	March Past, Badminton, Volleyball
Feb.	Table Tennis	Football, Badminton
<b>TERM-II EXAMINATION</b>		

## MARTIAL ARTS, GYMNASTICS & YOGA

**A.** Running 1600 M – 7 Min.

**1. Geri**

- (a) Fumikomi Geri      (b) Tobi hiza geri      (c) Mac tobi geri      (d) Nidan tobi geri  
(e) Ushiro tobi geri      (f) Yoko tobi geri      (g) Mawashi kaiten do geri      (h) hasami geri

**2. Nukite & Uchi**

- (a) Lppon nukite      (b) Hiraken Uchi      (c) Kumade Uchi      (e) Washide Uchi

**3. (By Leg)**

- (a) Ashikubi Kate Uke      (b) Mika Zuki Geri      (c) Nami ashi Uke      (d) Sokuto osae uke

**4. Dachi**

1. Kosa Dachi      2. Sanchin Dachi

**5. Kata –** Gojushiho , Seieochin, Bomkai ,

6. 3 Types Braking, Kumite

7. Belt Test

**8. Discipline**

Compulsory National & International Tournaments Championship

Self defense and Weapons

1. Nunchuku Kata      2. Sai Kata      3. Tonfa basic

## DANCE

Months	Dance Forms	
	Boys	Girls
<b>April</b>	Choreography on (How the old order changes into new)	Steps of lyrical Dance + Marathi
<b>May</b>	Steps on motivational Dance	Practice of lyrical Dance + Marathi
<b>July</b>	Advanced steps of Punjabi Dance	Practice of Prayer Dance
<b>Aug.</b>	Choreography on patriotic or religious theme	Practice of Navras (lone, humour, sorrow, anger, heroism, fear, disgust and wonder) through Dance + Classical Dance Performance
<b>Oct.</b>	Selection of students for various items & practice	Selection of students for various items & practice
<b>Nov.</b>	Stage rehearsals after 16th Nov, but practice of items in Dance period only	Stage rehearsals after 16th Nov, but practice of items in Dance period only
<b>Dec.</b>	Steps of Salsa	Steps of Salsa
<b>Jan.</b>	Bhangra	Giddha
<b>Feb.</b>	Practice of dances done previously	Practice of dances done previously

## MUSIC VOCAL & INSTRUMENTAL

Months	Music Appreciation	Practical Vocal	Music Instrumental	English & Hindi Songs
<b>April &amp; May</b>	<ul style="list-style-type: none"> <li>Introduction to Indian classical music gharanas.</li> </ul>	<ul style="list-style-type: none"> <li>Singing complex melodies.</li> <li>Understanding rhythm and beat.</li> </ul>	Learn some different beats on Bongo/ Kongo/ Tabla and drums.	<ul style="list-style-type: none"> <li>School prayer, National Anthem</li> <li>Mother's Day Song</li> <li>Bigger Than Any Mountain</li> </ul>
<b>UNIT TEST-I</b>				
<b>July &amp; August</b>	<ul style="list-style-type: none"> <li>Introduction to Western classical music periods.</li> <li>Comparative study of music from different cultures.</li> </ul>	<ul style="list-style-type: none"> <li>Acting out songs</li> <li>Introduction to music composition</li> </ul>	Learn to play some tunes on drums & other instruments	<ul style="list-style-type: none"> <li>Singing of Patriotic songs</li> <li>Aashayein</li> <li>ऐ मेरे वतन के लोगो</li> <li>भारत की बेटी</li> </ul>
<b>Sept.</b>	<b>TERM-I EXAMINATION</b>			
<b>Oct. &amp; Nov.</b>	<ul style="list-style-type: none"> <li>Importance of music in our lives.</li> <li>Music and emotions</li> </ul>	<ul style="list-style-type: none"> <li>Harmony singing</li> <li>Preparation of Annual Function.</li> </ul>	Practice of Orchestra for Annual Function.	<ul style="list-style-type: none"> <li>Don't give up your Dream</li> <li>Practice of selected songs</li> </ul>
<b>Dec.</b>	<b>UNIT TEST-II</b>		Practice of Previous work.	<ul style="list-style-type: none"> <li>Bhajans</li> <li>Christmas Carols</li> </ul>
<b>Jan. &amp; Feb.</b>	<ul style="list-style-type: none"> <li>Different forms of music (folk, classical, pop, rock)</li> </ul>	<ul style="list-style-type: none"> <li>Understanding tempo and dynamics</li> </ul>	Introduction to new rhythms for playing of drums casio on some times.	<ul style="list-style-type: none"> <li>Hindustan meri Jaan</li> <li>Bharat humko jaan se pyara</li> <li>वन्दे मातरम्</li> </ul>
<b>March</b>	<b>TERM-II EXAMINATION</b>			